

MAHARISHI MAHESH YOGI AND THE KNIGHTS OF THE ROUND TABLE

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There is a legend, if we want to call it that, which has always fascinated me. It has enjoyed widespread popularity and is still around today: that of King Arthur and the Knights of the Round Table. I believe it is an allegorical representation of a profound and unconsciously understood concept, and its success is probably due to this.

The legend states that each of the twelve knights of the Round Table possesses particular traits and is happy being unique in his own right, a specialist in his own field, but is an integral part of a larger whole that unites all these specific abilities and their power.

Each man does his best for the group's common goal; the group is directed by one of them, Arthur, of equal rank to the others and recognized as the best organizer. They all know that if they work together as a team with the same intention, their power will be that of an entire army, whereas if each man works selfishly to compete against the others, the team will come apart and its power no greater than a single person.

This happens daily all too often where, unfortunately, individuals waste energy trying to further their own causes with no regard for others, or even to the detriment of others.

This teaching is regularly ignored; usually it's only the superficial aspect of chivalric virtues and the relative choreography of the story that is noted. However, the real message is also represented by what Maharshi Mahesh (yogi, physicist, and founder of Transcendental Meditation) stated, summarized as follows:

When a group of people focus on the same intention in unison, the modifying effect on physical reality is proportional to the square of the number of persons.

Essentially, if one person results in 1, two can do 4, three can do 9 and twelve do 144 - a significant result. Imagine what 1000 people can do in unison when intending to alter something physical!

This effect is also being scientifically confirmed through EvanLab's research work on mind-matter interactions and this principle should be treasured because it's easier to control people when there is discord among them.

Let us not forget a dictum which has stood for over two millennia: *Divide et impera* (Divide and conquer).

English translation by Cinzia Evangelista.