

PSYCHIC ARCHAEOLOGY: COMMUNICATION PROBLEMS

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An issue that frequently arises in Psychic Archeology is what can be described as a “communication problem” between the *regressor* - the person who, while in an hypnotic state, gains access to a much older ‘personality’ from whom useful information can be obtained - and that same older ‘personality’.

It appears that communication is productive only if the following conditions are met:

- 1) There are overlapping, or common, areas of expertise between the accessed older ‘personality’ and the regressor.
- 2) The older accessed ‘personality’ is actually aware of the particulars that want to be retrieved.

It is commonly erroneously believed that it is enough to “send” the regressor back in time to access an old or ancient “personality” to be able to acquire all the useful information it can give. However, this is only partly true, in that it’s possible - and relatively easy - to retrieve information regarding events in which that ‘personality’ had been emotionally involved, but virtually impossible to retrieve useful information regarding anything that did not attract attention at that time.

To better clarify this concept, here are some examples:

- Let’s suppose that this ancient ‘personality’ had been an expert in building ships. If the regressor is well versed in naval technology, it would be possible to retrieve any data to do with materials, construction technology, and use of ancient ships, but if the regressor is a painter, then only aesthetic, as opposed to functional, details would be retrievable, because of the regressor’s specific area of expertise.
- In order to obtain accurate information about ancient techniques of constructing fortresses, temples, palaces, and sewers, it is ideal to use a regressor who is a professional construction engineer or architect.

We can liken it to a book: for it to be useful, it requires an author able to express the concepts in a certain language, then a support for the writing (the book - or in our case, an hypnotic state), and finally a reader who understands that language and the author’s expressed concepts. There is a subsequent evident limitation specific to hypnotic regressions aimed at Psychic Archeology not present in generic hypnotic regressions, that being the need to carefully select the regressor in accordance with the particular fields to be investigated.

It must be remembered that the *‘regressionist’* - the person guiding the hypnosis - must also be sufficiently competent in the fields being examined, so that he/she can ask appropriate and decisive questions to maintain the regressor’s attention as well as elicit as many details as possible.

Therefore, compared to generic hypnotic regressions, those aimed at research and steered towards Psychic Archeology have particular pre-requisites that are not easily met:

1. A motivated regressor with access to a particularly interesting ‘personality’.
 2. Areas of expertise between the regressor and the accessed ‘personality’.
 3. A regressionist who is well prepared with respect to the subjects explored in the regression.
- Meeting the above three pre-requisites will ensure a productive and interesting research effort.