

FIVE YEARS OF SUCCESSES

EvanLab team (www.evanlab.org)

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INTRODUCTION

Our group began its research activities on the 29th December 2012 with an immediate success: the first ever hypnotically-controlled OBE (Out of Body Experience) to inaugurate the laboratory that later, in mid-2014, would become the newly-formed non-profit organization called EVANLAB. On the fifth anniversary of what is for us a very important date, following the comprehensive overview of our scientific publications presented in the SCIENTIFIC ACTIVITY REPORT 2017 (<http://www.evanlab.org/wp-content/uploads/2017/09/12e-SCIENTIFIC-ACTIVITY-REPORT-2017.pdf>) to which the reader can refer, we now turn to a brief and basic enumeration of the success we, as a team, have in the meantime achieved in our field and made public: the scientific study of so-called “frontier” subjects. Bearing in mind the (mostly financial) circumstances in which we had to work, these are bona fide successes, as this article’s title suggests, not just for us but for science as a whole. We deal with subjects that are still considered taboo, thus widely ostracized; nonetheless in five years we still managed to publish quite a lot (see aforementioned SCIENTIFIC ACTIVITY REPORT 2017) and we now note that interest from other researchers is slowly but steadily increasing as these concepts become, if not common, at least not completely strange. Since our articles are sometimes rejected by peer-review journals (those that comprise the “scientific literature”) due to the subject matter, there can be unavoidable delays in publication as we submit them to successive journals, with each one requiring at least three months for a reply.

STRATEGY

From the start we established our research experiments using a consistent strategy based, whenever possible, on the following: applying official scientifically valid methods to our results; free public access to all our obtained data; and a strict mathematical/statistical analysis of all our results. Building our own specific devices could have helped our data acquisition, however this would have resulted in difficulties and delays, not only because the devices would have lacked official approval and consequently affect the validity and acceptance of results, but mostly because of the inability of other researchers to reproduce and re-analyze our data - essential requirements for all serious scientific research.

INSTRUMENTAL TELEPATHY

Most people have some idea, vague though it may be, about telepathy, a term referred to when, for example, we call someone and the other person responds with: “I was just about to call you.” But is it possible to instrumentally prove the existence of telepathy, all the while excluding any conscious intervention from the people involved?

We managed to do it (<https://f1000research.com/articles/4-457/v5>).

We placed two subjects who are friends (therefore with an emotional connection) in two separate sound- and lightproof rooms, each attached to separate and identical EEG machines, then we applied random (to prevent predictability) simultaneous visual and audio stimuli to one (the

Sender). They then swapped roles and the test was repeated with more subject pairs. In the electroencephalogram of the non-stimulated subject (the Receiver), who was consciously unaware of anything, we found the presence of signals that were synchronous with the stimuli applied to the Sender – thus demonstrating true “unconscious telepathy”, or an instrumentally detectable interaction between minds below the Receiver’s conscious threshold.

All good and well, but is it possible to use “unconscious telepathy” to transmit coded messages? To answer this question, in a successive experiment we modified as appropriate the visual and auditory stimuli applied to the Sender, turning them on and off 10, 12, and 14 times per second, always randomly and unpredictably. (<http://www.evanlab.org/wp-content/uploads/2015/12/16e-Brain-to-Brain-interaction-at-a-distance-A-global-or-differential-relationship.pdf>)

It was necessary to develop a specific processing program for the EEG data, itself also made available in the public domain, as are all the data from our experiments, and eventually we were able to show that not only can we detect the presence of signals which are synchronous with the stimuli applied to the Sender, but also their frequency. For the moment the transmission is very slow, but we proved it possible to instrumentally send information using “unconscious telepathy” instead of electromagnetic waves.

By no means a trivial achievement!

DISTANT MENTAL INTERACTION

THE REG

Electronic devices that generate random sequences of 0 and 1 states are currently commercially available (eg the excellent Psyleron™ REG-1) at a reasonable price and are considered scientifically reliable. These devices generate completely random sequences of 200 bits each (one bit, or binary digit, by definition can only have the values 0 or 1); therefore statistically 100 of the 200 bits generated in each sequence (50%) will have a value of 1 and the other 100 will be 0. The probability that the sequence deviates from this 50% is totally predictable by the laws of statistics pertaining to purely random events. Indeed, the acronym REG stands for Random Event Generator (events in this case are the bits).

So, seeing as how intense emotion from a group of people can cause a significant deviation of the REG’s output from this 50% balance of 0 and 1

(see https://psi-encyclopedia.spr.ac.uk/articles/psychokinesis-research#Global_Consciousness_Project),

we asked ourselves if a single person can do the same.

The answer is YES, even at a distance of 190 Km, and we proved it.

What a result! (<https://www.neuroquantology.com/index.php/journal/article/view/767>).

We even created a prototype self-powered device that turns on an LED via mental command (in the absence of any contact or physical means of transmission), using a cheap RNG (Random Number Generator, equivalent to an REG - numbers in this case are the bits).

The photomultiplier

Even so, we did not limit ourselves to random bit generators – we also did a series of experiments to influence a photon counter in North Carolina (USA) all the way from Italy, a distance of more than 7000 kilometres. Photons are sub-atomic particles, also called “light quanta”, that we all, as users, are very familiar with because they enable us to see. Unlike birds and insects, we cannot see

ultraviolet photons but perceive their effects because they are responsible for tanning and can damage the skin and eyes.

The photon counter we worked with is a standard scientific instrument (a counter/photomultiplier) that “sees” and counts only UV photons that appear in front of its detector; it is enclosed in a special dark room impenetrable to any light. So then from Italy, upon mental command, we made UV photons appear in front of the detector, and they were counted. Another significant achievement!

(<https://neuroquantology.com/index.php/journal/article/viewFile/906/777>).

We want to investigate (finances allowing) the possibility of mentally influencing a particular extremely sensitive camera to verify the possibility of transmitting symbols and eventually more complex images in this way, opening the path to “mental television”.

HYPNOSIS FOR RESEARCH PURPOSES

Guided detachment of the mind from the body

The OBE (Out of Body Experience) is an altered state of consciousness in which the person is outside his/her Physical Body and is able to move about freely without physical limitations, including going through walls or travelling outside the atmosphere. The person is able to see and feel while in this state, and after returning to normal consciousness remembers everything that was experienced. Traditionally described and used by Eastern spiritual masters, who have developed it into a proper discipline for the expansion of knowledge, in the west the OBE has largely been either ignored or ridiculed.

At last though, many people who have ‘returned to life’ after being declared clinically dead, or sometimes after coming out of anesthesia from surgery, have described their experiences to doctors (referring to the NDE – Near Death Experience). These people accurately described what happened in the operating theatre, including words spoken by surgical staff, and sometimes even what occurred outside of it, making some doctors suspect that it is a real phenomenon worthy of investigation. And so began the first scientific studies of this subject.

Nonetheless for us the OBE was clearly the most interesting phenomenon to study, but how? We started with the theory that the connection between the physical body and “outside consciousness” could be bidirectional and that this connection had simply never been explored. Armed with a significant experience in research-related hypnosis, on that fateful 29th of December 2012 we carried out the first ever hypnotically-controlled OBE, complete with a conversation with the ‘outside consciousness’ while it was fully detached from the physical body (<http://www.evanlab.org/public/wp-content/uploads/2015/12/7e-MindSwitch-prototype.pdf>).

Of course the study of hypnotically-controlled OBEs logically leads to an investigation of its vast potential, including the use of electroencephalograms. In fact, this ‘outside consciousness’ appears able to freely move through both space and time, to correctly interpret texts written in unknown languages, and describe what it ‘sees’ in rich detail, much better than during a spontaneous OBE. This is because during a guided OBE one person handles the task of ‘exploring’ while another does the ‘directing’, and so a single task at a time is easier than multiple simultaneously, whereas during a spontaneous OBE there is only one person having the experience, thus decreasing efficiency of each task. It also seems that the ‘outside consciousness’ can effect the physical health of other people and perform many other tasks, each one requiring patient investigation.

(<http://www.evanlab.org/wp-content/uploads/2015/12/13e-OBE-induced-by-hypnotic-induction-A-neurophenomenological-study.pdf>, submitted).

Here too our techniques and results have been made publicly available to make it as easy as possible for other researchers who wish to replicate our experiments. Our prospects are exciting in both the exploratory and medical fields. This is an entire new branch of science which we have opened to study. Another addition to our successes!

Psychic archaeology

The technique of hypnotic regression allows the extensive investigation of very ancient times, revealing otherwise inaccessible information and providing useful help to archaeologists who are open to the ideas and clues that emerge from this type of research. The contribution to this field, based on decades of experience in research-oriented hypnosis, is provided by an example of how Psychic Archaeology is done and its possible outcomes from the book titled “THE MEGALITH BUILDERS - Psychic archaeology and the Nuragic civilization” (<http://www.evanlab.org/public/wp-content/uploads/2015/12/THE-MEGALITH-BUILDERS-Psychic-archaeology-and-the-Nuragic-civilization.pdf>)

MINOR SUCCESSES

Seeing auras with the naked eye.

The aura is a subtle, coloured, bright field of radiation in continuous motion surrounding all living beings which, although largely ignored in the West, has for the East been its principal diagnostic tool, especially for Tibetan doctors. It is usually unnoticed by those unaware of its presence, or otherwise taken to be a visual defect, but can actually be fully visible in black and white to most people and seen in colour by a few. A technique for seeing it with the naked eye and a physiological interpretation of its vision are available in the aforementioned book “THE MEGALITH BUILDERS - Psychic archaeology and the Nuragic civilization” and are reiterated in a specific article (<http://www.evanlab.org/wp-content/uploads/2017/12/VIEWING-THE-HUMAN-AURA-WITH-THE-NAKED-EYE.pdf>).

Scientific explanation of photos of globes

In some photos, not at all rare and shot mainly with small digital cameras or cell phones, there appear distinct round spots; these had already been noticed and studied from photos taken using traditional rolls of film and commonly termed ORBs, in that they were images of apparently globular shaped ‘objects’. In a specific article we also provide the most probable scientific explanation for this largely underrated but very interesting phenomenon: (<http://www.evanlab.org/wp-content/uploads/2015/12/8e-PHOTOS-OF-GLOBES-ORBs-AN-ANALYSIS.pdf>).

PLANS FOR THE FUTURE

- We continue to work on the mind’s ability to influence matter, especially water, and intend to soon publish a study on this subject. We also aim (finances permitting) to further investigate the physics of distant mind-matter interactions by observing and comparing the effects on both the REG and RNG which we have been using (based on the tunnel effect), as well as on the RNG ID-Quantique® (based on the optical quantum effect), and finally also on a special single photon solid-state detector.

- Of course we will not abandon the study of data transmission via “unconscious telepathy” and continue to improve mathematical analysis techniques of EEG signals. In order to increase the speed and efficiency of data transmission we are also planning, together with famous researchers Dean Radin (USA) and Michael Persinger (Canada), an important study to develop and optimize unconscious telepathic abilities. Our request for funding for this project has already passed the first phase of selection - we hope it passes the second and final stage. Our team is on standby.
- We are already and will continue to regularly and promptly publish information as we discover it on hypnotically-directed OBEs, continuing to explore this vast and extremely interesting research field. We are very drawn to the idea of actually seeing what ‘exits’ the physical body during an OBE and the changes in biophoton emissions in this state, and are confident we will do it soon; we already have a team available for this project and await the outcome of a funding request for it, which has also passed the first level of the selection process. We hope it also passes the final stage.
- Research activity in the Psychic Archaeology field is also proceeding, although requiring long publication times, as is clearly explained in the Introduction of the aforementioned book “THE MEGALITH BUILDERS - Psychic archaeology and the Nuragic civilization”.