

# **HYPNOBE CHANNELLING – AGARTHIAN SUMMARY**

**From a dialogue with an Agarthian through Elena Prati in hypnotic OBE.**

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## **SUMMARY**

<b>INTRODUCTION .....</b>	<b>Pag. 2</b>
<b>THE AURA .....</b>	<b>Pag. 3</b>
<b>WHAT IS THE AURA .....</b>	<b>Pag. 3</b>
<b>COLOURS AND APPEARANCE .....</b>	<b>Pag. 4</b>
<b>PHYSICAL BODY AND OUTER BODIES .....</b>	<b>Pag. 7</b>
<b>THE THREE BODIES .....</b>	<b>Pag. 7</b>
<b>DIFFERENT LIVES .....</b>	<b>Pag. 10</b>
<b>THE AFTERLIFE .....</b>	<b>Pag. 11</b>
<b>STRUCTURE OF REALITY .....</b>	<b>Pag. 13</b>
<b>SPACE .....</b>	<b>Pag. 13</b>
<b>TIME .....</b>	<b>Pag. 13</b>
<b>THE ETHER .....</b>	<b>Pag. 15</b>
<b>PHYSICS .....</b>	<b>Pag. 15</b>
<b>THE PURPOSE OF PHYSICAL REALITY .....</b>	<b>Pag. 18</b>
<b>UNUSUAL ABILITIES OF THE MIND .....</b>	<b>Pag. 19</b>
<b>MEDUMSHIP .....</b>	<b>Pag. 19</b>
<b>INFLUENCE ON REALITY AND HOMEOPATHY .....</b>	<b>Pag. 21</b>
<b>BEYOND THE FIVE SENSES .....</b>	<b>Pag. 24</b>
<b>OBEs .....</b>	<b>Pag. 25</b>
<b>PSYCHOKINESIS .....</b>	<b>Pag. 26</b>
<b>MEDICINE AND GENERAL THERAPEUTICS .....</b>	<b>Pag. 26</b>
<b>AGARTHI (AGARTHA) .....</b>	<b>Pag. 28</b>
<b>ALIENS .....</b>	<b>Pag. 30</b>
<b>PRE-FLOOD CIVILIZATIONS .....</b>	<b>Pag. 33</b>
<b>MISCELLANEOUS .....</b>	<b>Pag. 37</b>
<b>RELIGIONS .....</b>	<b>Pag. 37</b>
<b>WORLD MILITARY SITUATION .....</b>	<b>Pag. 37</b>
<b>OTHER TOPICS .....</b>	<b>Pag. 38</b>

## INTRODUCTION

The following are the results of 9 interviews, as at the 31st December 2017, totalling 9 hours, with an 'Agarthian' entity channelled by EP during an OBE induced hypnotically by Luciano Pederzoli. This induction procedure is described in 'Guide to OBE induction' (<http://www.evanlab.org/wp-content/uploads/2018/03/A-GUIDE-FOR-OBE-INDUCTION.pdf>). A feature of this technique is that it allows contact with non-physical entities by people who had never done it before, as well as allowing a dialogue – in this case indirectly, with EP as 'interpreter' – with the channelled entity, and conduct actual interviews about various topics of interest to the questioner and colleagues. The contents of these interviews have been grouped into topics for ease of reference and are not in chronological order. They may be updated in the future if these sessions continue.

As a cautionary note, even though the channeller, interviewer and other author of this work believe that these contents derive from an actual non-physical Entity, readers should bear in mind that they may also be the result of particular as yet unknown mental processes of the channeller and/or interviewer. The authors therefore suggest readers assess the contents based on their informational value rather than taking them as absolute truths.

It is however beyond any doubt, also from taking into account EP's experience, that the phenomenon is perfectly repeatable.

**NB: The text is a faithful account of the statements made by the "Agarthian" during the interviews.**

# THE AURA

## WHAT IS THE AURA

The Agarthian confirms that the aura is the informational field of non-physical bodies; it is the representation of the various bodies connected to the Physical Body and can be seen by trained people. It is not an energy, but an expression defining the person's personality and strength. It can be read. It can have many or few levels depending on the type of incarnation (not all are human); non-human beings only have three or four levels in their auras. More evolved beings may have up to seven or eight, or more, which can certainly be photographed or recorded on video. The study that LP was carrying out was interrupted because, at some level, an entity interfered between him and this creation.

Since in today's world 'magic' is impossible, it is necessary to maintain lies and with equipment such as this the lie would be exposed, in that it would be immediately obvious. It's like a much higher level of ethics is required to use such equipment, before the equipment itself can be developed.

To see auras, both natural ability and practice are required; even with practice only concentration is needed to see things as they are. One must want (and be prepared to) see things and people as they really are, rather than as they appear; interest in the truth and in justice greatly helps, because this vision also involves morality and spirituality and not just technique. LP gives weight to the technical aspects because teaching requires a method that is usable by everyone, so it's like playing a musical instrument – the talented become great musicians, but anyone can play the same instrument, even if not as well.

The physiological interpretation published by LP of the aura is correct: to see the aura, a specific part of the retina is needed, the macula lutea, which contains both cones and rods (<http://www.evanlab.org/wp-content/uploads/2017/12/VIEWING-THE-HUMAN-AURA-WITH-THE-NAKED-EYE.pdf>), but some have the physical ability to see it and some don't. As time passes more people will have this natural ability. It is a sensory ability and the Agarthian compares it to the sense of taste – everyone has it, but some have a more heightened sense and can taste more things than others. It is also compared to the ability of a painter to see more colour hues than most others.

He says to talk about it as if it were a normal sensory ability. It is not just due to the combination of cones (which see light) and rods (see in black & white, but with many shades) in the retina, but other factors too; it is necessary to delve into the cells of sight between the true sensorial cells and the optic nerve – actually the brain's interpretation of the image. The intermediate levels of image interpretation are also part of sight and must be exercised (those who only see the physical part of reality are defined as 'half blind'). If the entire eye is fully utilized, seeing auras becomes very natural and common.

The aura of someone with an lower evolutionary level will have aspects related to the physical; if further along the evolutionary path, we see many open channels towards positive outer entities and the outward projection of love. The type of column that is seen going from the top of the head towards infinity is an example of these channels connecting the person with outer entities, before connecting with the universe.

The aura's composition is such that it contains the necessary information field for those who can read it. Illness changes the aura and one who reads it can know which illness. Knowing how to read auras allows the diagnosis of any illness and mental state. Physical pollution affects the aura, but not directly on the outer Bodies – this is done through the Physical Body. The aura's photons are energy, the Physical Body's energy showing its state and that of the other Bodies in that moment, but the aura is a biological and moral-psychological energy, the nature of which still eludes humans. The aura is information, therefore it is energy that is structured to provide information to the doctor or reader – it gives only information. If a person is mad, it shows madness, if there are heart problems, it shows heart problems (in the medical, not emotional, sense), and if it is read very well, any problem can be seen.

Usually people don't want to see things as they really are, they prefer to represent them as they see them in their own silliness. Apart from the deception by those who use this camera who have a dark aura and don't want it seen, the fact is that most people don't want to see reality for what it is and consequently don't want to resolve their problems. We can try to make a machine that sees auras, but there are those against it. It poses an ethical problem similar to that of moving objects with the mind (psychokinesis); the use of such a machine assumes, on a mental level, a world in which those who tell the truth are not marginalized, whereas the world the humans live in now is composed of 90% lies. This is why something like that camera, and other spiritual abilities, cannot be accepted.

Agarthians, in fact, view each other's auras and use either that or telepathy to communicate: since they are unable to lie or hide reality like in the physical world, these are excellent means of communication, and those who can read the 'fireworks' in the aura are able to understand the descriptive hues.

## COLOURS AND APPEARANCE

The 'good' colours are white, gold, yellow, green, violet and fuchsia. They are not in hierarchical order, but different sides of the correct morality. He emphasizes that for them these colours are all equal because they represent differences, not a hierarchy.

- **White** seen in auras is not an overexposure; its information is not representable for us, however it is equal or higher than gold.
- **Yellow** is characteristic of those who like to heal themselves, such as those who see flaws in themselves and want to eliminate them.
- **Gold**, on the other hand, represents a trait similar to yellow but, if the flaws are seen in others, the person will want to help others overcome them. It is a yellow turned outwards.
- **Green** signifies healings and for the Agarthians teaching is also a type of healing. Very light green is the colour reference for a person dedicated to helping others.
- **Fuchsia** refers to forgiveness, and so is connected to psychology, the understanding of emotions and picking up the pieces of a broken emotional connection to repair it through forgiveness. Fuchsia indicates a very empathetic person who can connect to others.
- **Violet** is certainly positive because it represents green in action. It is correct to associate it with cancer, because for the Agarthians it is not a physical, but a mental illness, and so the tumour is only the body's evolution. The colour's intensity and tone depend on the person

and his/her incarnation. Dark violet implies a person very involved in that area and light violet is one not very involved.

- **Blue** indicates thought, but oriented towards material things from a mental and intellectual standpoint, not a practical or physical one. **Electric blue** represents a further abstraction of concepts and material things.
- **Orange** is yellow tending towards red, representing impurity.
- **Red** is an inferior level colour; even a slight halo of red means impurity in some form. Red is often associated with sexuality, however it indicates emotional, sentimental, or mental imperfection, such as desire for power, egotism, serious mental instability. Red should always be interpreted negatively because it does not signify, as commonly thought, a constantly angry person, but an emotionally disordered person who is controlled by emotions rather than being in control. A little red is enough to devalue other colours and its prevalence 'blurs' all of them. He states that it is not about sexuality and the Agarthians are very surprised at all the animal-like attention humans give it, which makes many evolved incarnated spirits lose themselves in it rather than dedicating their energies to more serious things. He understands that age is important in the human world, but in general recommends greater discipline.
- **Reddish-brown** is characteristic of lower levels concerning material things.
- **Black** signifies excessive attachment to material things.
- **Brown** represents negative energies.

There are also worse cases of low level entities, even non-human ones, that present a **metallic-like colour, like the metallic paint of a car** (eg silver, aluminium) – this is a very low level human entity or a non-human one.

With uniform colours, a **brown-green** or **brown-yellow** indicate a person rapidly transitioning towards a more evolved state, like one who has just started school compared to one who has already finished.

As a general rule, if a colour is not clear but tending towards brown or black, something is not right and, depending on the specific case, investigation into the problem is required.

Even very positive colours that are stained with black or brown should be considered negative: actually, even small negative spots against a positive colour background tend to predominate. Contrary to what is believed, a large positive colour does not cancel out a negative spot, and the opposite is true: a small negative spot cancels out all the positive because negativity dominates in the aura. For example a beautiful, very positive yellow, with some brown or black splotches at best indicates something is not right.

The aura is not composed of layers, but expresses a person in the instant it is viewed; it's the health status, worries, thoughts, etc. Those who are able to read it can also discern a person's intentions because these have a particular colour and shape. Some areas of the aura depend on each other, others are expressions of parts of the body and others influence the body.

When a person positively influences another, entry channels of this therapeutic energy are seen. The action starts from the 'patient's' aura, who receives the healer's energy and guides it to where needed according to the healer's intention. The more people with a positive intention, the greater

the effect, but it's the 'patient' who decides which and how much energy to use, possibly even refusing it.

There should be either vortices or black points in the areas corresponding to unwell organs. Treatment consists of filling the holes or reversing the vortex's rotation. Vortices indicating physical illness rotate clockwise. Those that rotate anti-clockwise indicate mental or psychological illness or issues. In normal conditions the vortices should not be present; instead there should be a succession of colours.

The aura is in constant motion, it sparkles, it can glow and therefore we must pay attention to when it glows because they are moments of change in a person, who is passing from one state to another. These flashes, similar to those of a photographic camera, are positive. The opposite are the 'holes' appearing in a colour.

These 'sparklers', or sparks, which are sometimes seen in the aura and are similar to fireworks, are of other dimensions and pertain to different entities depending on the person's evolutionary level. However, some signify the intention to express something before it is voiced, or they can be areas of brighter lustre, which represent various stages of evolution.

# PHYSICAL AND OUTER BODIES

## THE THREE BODIES

The Agarthian says that for now we have discovered what we called the Subtle Body and the Psychic Body, and this is correct, but above the latter is a pyramid arrangement of Psychic Body groups; one person's Psychic body can join other Psychic Bodies and form a Bundle Group, which can then join other like ones and form a Superbody, and so on until the top of the pyramid.

The Agarthian confirms the existence, in inverse order of importance, of the Physical Body, the Subtle Body, the Inner Self, and the Psychic Body as the four levels of our personal identity. The Physical Body dies, the Subtle Body gradually degrades until it becomes pure memory, and the Psychic Body continues to live forever with what they call the Spiritual Entity, because it is required for future incarnations. We can think of the Psychic Body as then joining with other Psychic Bodies to form a pyramidal structure all the way to the top.

The outer, non-physical bodies use the entire Physical Body to connect to it, otherwise, if the brain sufficed, we would have only that organ. A Physical Body is needed to define the complete passage into the physical world. The Physical Body's consciousness and memory are only needed for physical things. For sentimental, emotional, and mental things the other Bodies are needed, which store memories that don't reside in the brain; for example, they can be in the heart or the belly, therefore in the corresponding Bodies of the etheric world, as humans sometimes call it.

The full integration of the Physical Body with the Subtle and Psychic Bodies occurs between the first and tenth year of life. The process begins at birth, but concludes long after. This, according to him, explains why children easily recall so-called past lives; since full integration has not yet happened, the child can be attracted by the 'shinier' pendants of the bracelet on which all his/her lives are hanging, and so talks about events and people that he/she, in this time and place, has never known.

The Subtle Body has abilities that humans consider magical. It senses the energy of the area and that from the Earth, the trees... Water makes its presence known through these channels. The Subtle Body perceives energies and the Psychic Body senses them as information to use and express, always for the spiritual purposes of learning and action in physical life. That which comprises the Subtle Body, and which humans can sometimes see as a mist, is something yet to be discovered: it is not totally independent of elementary particles.

Each Subtle Body is part of one Physical Body and there are as many Subtle Bodies as there are beings that have existed, like little bags attached to a belt, each representing a type of memory of a concluded existence. The Inner Self is simply a memory, because the being of the current life must behave as such. It brings with it all these bags, these memory banks, holding memories about the current Physical Body as well as of previous lives, which become legible for those authorized to remember. This memory is used by the Physical Body to 'go beyond', to gather data and learn more and is independent of the Psychic Body, which exhibits the so-called psychic abilities of this identity. The Inner Self is at a higher level than the Subtle Body (it is between the Subtle and Psychic Bodies).

The consciousness we call Subtle Body, which has the same identity as the physical body to which it is joined, decays after physical death until it almost disappears and becomes a memory, but

this memory, together with those of previous lives, is only a grain of the Psychic Body; the Agarthian uses the analogy of a bracelet or chain with many pendants. The Psychic Body gathers data from different Inner Selves to form a broader experience.

The Psychic Body in fact has different simultaneous identities, one of which is the one being lived. Less evolved Psychic Bodies have three or four, whereas others have 10 or 12 simultaneously, not all necessarily in different realities, but possibly even more than one in the same reality. The Psychic Body does not 'control', but rather 'lends energy' to various Bodies and also collects information from them, which can be in different realities.

The different identities that the Psychic Body lives simultaneously belong to different evolutionary levels depending on the identity they belong to.

If two Psychic Bodies (with the relative Subtle Body) belonging to the same Psychic Body find themselves simultaneously in the same plane of reality and both on Earth, and they see each other, they can either recognize one another or not. It depends solely on the governing Psychic Body: if recognition is of value, they will, otherwise they won't.

Even though part of a group, the Psychic Body is separate from other Psychic Bodies. It is a part, but at the same time separate and maintains its own identity; a definition of what it is, was, and will be remains. Within it is the identity of different Bodies from which it gathers information and which are in other 'dimensions'.

A fusion of Psychic Bodies cannot occur: there can be a combination of thought and ideas. Each of those Psychic Bodies is part of this entity and each gives a part of its own energy to this entity, while still remaining separate. Repeating this procedure leads to the greatest entity, the Supreme Being, which includes something of every existing being.

In the physical world the Subtle Body, as far as he can say, has mainly two functions: mediate intentions and transmit information, as if it were part of the telepathic process. In the physical world the Psychic Body can do little: usually it needs one of the other bodies to act. It can process information, learn, but not act directly on the physical world.

The Subtle and Psychic bodies, which usually use a biological Physical Body with particular DNA, would not be able to use an appropriately constructed machine: it is essential biological material. Both do not feel emotions; the Physical Body does and with these enriches the others.

The Subtle Body can move objects.

The Psychic Body can also move objects. It is difficult for both because they must be specifically trained to use the ether to move objects.

The Psychic Body lasts forever and in reality has no appearance, but can assume whatever it wants.

If and when the moment arises, every individual person will be able to access simultaneously their main identity and other 'secondary' identities.

The Agarthians are in continuous contact with what humans consider to be different realities. Agarthians don't understand why it is so difficult for humans to understand that there are other dimensions; for them it's normal to be in contact with non-physical spirits, while for humans it's 'spiritualism' and are astounded by it. If during a lifetime a person loved another very much, regardless of the type of love, it's normal for that person to come from other dimensions to assist the loved one, or simply to see what he/she is doing.

**The Supreme Being** expresses love for its parts by giving them direct or indirect suggestions and then leaving them free to understand or not, to accept or refuse. Free will is choosing to follow suggestions, teachings, or choosing not to. If one persists in always refusing, he will continue to exist but personal evolution will stagnate. The Agarthian doesn't know if there's a limit – there could be annihilation, but he's so busy with other matters and it doesn't interest him.

The Supreme Being is not just a speculative electrodynamic field, as some theorise; obviously there is an electrodynamic component but it's a tiny part of something much larger. The Agarthian is unable to say if the Supreme Being had a beginning and if it will have an end.

The Supreme Being is not only concerned with our three-dimensional universe, but all universes – the multiverse – and the consciousness pyramid concerns the entire multiverse and is needed for manifesting and operating at different levels the previously mentioned steady states. There are more levels than can be counted.

The most important thing is what is learnt and, if there is no learning, this wrong choice will incur a heavy price after death, therefore he advises to learn, learn, learn...

In a way even the Supreme Being is learning because it doesn't know exactly what it has created. It must know itself: it knows it exists, but is studying what it is and what it has done.

Love, at a high level, is a manifestation of Vital Energy. Without love neither matter nor anything else could exist. It is a bond that unites everyone and every person should want the best for others. Since this planet is backward regarding this point, it is not easy to find people who can extend their view so far ahead.

As we progress, we can show love towards others by teaching them and helping them to advance also. Instill an idea in them and help them understand it is right for them. But with some people it's not possible to achieve anything because they have chosen to not learn, as if they had been ensnared in a net of negative energy.

**Energy** is associated with intention, which therefore is both a feeling and a measurable energy. In the physical world for the Agarthian it is obvious that there are negative energies, in that non-love is the energy of non-expansion, of contraction. Consequently negative energies are as effective as positive energies. Humans, from their point of view, see something as bad, while from the Agarthians' outer point of view they could even see it as something good. For example, killing another is bad in any sense, but some situations or events that could be interpreted as hardships can be defined as either primary or secondary. The Agarthian talks about evil in terms of energies and negative intent, which lead away from primary events. These negative energies, such as envy or the intent to bring harm to other living beings, are also bad for Agarthians. He distinguishes between negative acts that assist in learning, to be considered as good, and negative intentions – such as hate – that only hurt and do not teach, and are to be considered as absolute evil.

In our consciousness pyramid we, as physical beings, are at the lowest level and there is an apex, but there are also 'outside beings': the Supreme Being is made of pyramids formed of 'persons' (for want of a better term) with spirits like ours and of others made of 'persons' with different spirits. The sum of the pyramids make up the Supreme Being. We can therefore think of it as a pyramid made of all other pyramids.

The final objective of human evolution is the learning of the Supreme Being through Consciousness. This 'general objective' can be broken up into 'sub-objectives' that may involve many incarnations of an individual, on Earth or other planets, or even no incarnations for a certain period of universal time (see TIME).

## DIFFERENT LIVES

There is not a physical life followed by another; what counts is an order of learning things. He realizes that we think in terms of a progressive learning in time, one life after another. What actually counts is the order of the lessons to be learnt, which is not necessarily chronological in our sense of the term.

We carry a heavy conditioning from past lives that pushes us to make choices aimed at following the path already taken. This is what he means by 'learning': we must always have the attitude of absorbing knowledge to learn and evolve towards ever-higher states.

The many difficulties encountered in life are created by both individuals themselves and others, as well as intersecting learning processes. Humans can alter physical reality through intention, but without seriously interfering with others' free will. They could even alter physical reality significantly if the morality level of the planet were higher, because intentions of those with higher morals would not hurt others, but favour the process of learning. It all depends on what happens in the moment that it happens: to perform a 'miracle' of sorts would not necessarily be bad, but for example moving objects with mental intent is not considered acceptable in a society with low morals such as humans, so this ability is virtually unheard of except in rare cases. However it is not futile to make an effort to move objects with the mind because it is useful for future research. If it's true that a few thousand years ago in Sardinia (Italy) huge stones could be moved by thought alone, it occurred because at that time nobody would have had the greed for things and power present today. The main purpose of that society was harmony with the Cosmos, and so they were allowed the ability to move stones with mental intent, just like other mythologized primitive civilizations, for example in the United Kingdom.

A planet at a lower level of consciousness stimulates to 'rise'; in fact since terrestrials are backward and stupid, if 'slapped around' they learn faster, but there are other beings who want to advance quickly and choose backward environments like this planet because it helps to advance faster.

Unfortunately on Earth there are extremely ignorant people, entities, who can't manage to 'rise' even in a low morality planet like this one. In such a case they are 'resent' to an environment with an even lower level of morality, which some religions call 'hell', while in reality for them it is a physical existence like Earth is for its inhabitants.

Some are tasked with helping the uncouth, while others improve themselves; they have to do it for themselves and also to disseminate knowledge, which in one way or another will take root and help people to evolve and embark on the learning process.

Regarding the doubt about humans being spiritual beings having a human experience, according to him this subject is too thorny for our minds, in that it is possible to NOT be human beings NOR spiritual beings: it's a schematization the human mind makes of a more general experience called 'life'. An individual is not necessarily a human entity, because there could be incarnations into human bodies of entities who are not necessarily from this plane of reality. Furthermore non-human entities have their own physical reality and not just a spiritual one.

On Earth there are many low-consciousness non-human entities which incarnate and are so poorly evolved that they barely progress, because they don't understand what they are doing here. There are also beings who seem human, but are practically robots and have nothing inside. There are more of them compared to higher entities who have incarnated into this world in an attempt to

stop the negative trend. It's as if this planet were a school that will continue to exist for as long as it is required. When school is no longer needed, Earth will become like one of those lifeless universes.

During an OBE it is possible to access others' past lives, but in doing so one will sense being somebody else, therefore it's possible to distinguish those pertaining to one's own evolution from those pertaining to the evolution of others.

Even lives not yet lived are part of the personal Inner Self, which can be explored but is not advised because it will violate the principle of learning during one's existence. If this prohibition is disobeyed, nothing of importance in future lives would be changed because the main events would remain immutable: the prohibition exists because events, when seen ahead of time, would not have the same emotional and instructional impact on a person in the moment they are actually experienced. Few can clearly see the future and only if they can remain detached from it.

When we move on to the next incarnation, it is essential to continue to increase our consciousness and not go forward in time as humans tend to do. We can return in this same world to another era, or change universes: it depends on the individual's consciousness. Between these two cases is the most useful. There are no limits – it depends on the level attained.

## **THE AFTER LIFE**

The varying descriptions people give, when reliving their previous death during a regression, of the afterlife of the Physical Body depends on the person's spiritual level. The less evolved are happy just to see their deceased parents. Others who are more evolved go into so-called 'knowledge rooms' or interact with higher entities. There are different levels and the reality they see varies according to the level of consciousness of the dying person. At higher levels, it is the person him/herself who decides how to incarnate, where, when and why; the decision to reincarnate for those at lower levels is made externally, and those who are more evolved decide for themselves. Those at an intermediary level may either decide for themselves or to be instructed to by entities such as the Agarthian, who preside over reincarnation as if they were writing a book about a person's future events, proposing a sequence of events that are not too hard to endure but that are educational.

'Knowledge rooms' are places for entities who have just died and there, in a time frame not comparable to Earth time, they are examined on what was learnt in the most recent life. It is compared to the 'divine judgement' of the Catholic religion; those who behaved well go to a 'nice place', those who at least tried to do well are sent to a 'reasonable' place, those who spent excess time and energy in morally poor activities are sent to a 'low level place'. It's similar to the Indian concept of Karma, even though it is broader and not just in physical terms, but also in terms of the spiritual and the passage between worlds.

An evolved person can decide to learn more, and therefore suffer more, but this initial big effort will eventually pay off in the long run. Some choose severe events, but he stresses that they are choices. It's like signing a contract that includes three, four, or five particularly serious things, but in the knowledge – in a part of the mind – that the choice is one's own in order to achieve a certain result. Some 'tests', pains, if interpreted correctly, bring about a change in one's way of thinking with a subsequent important advancement in consciousness. There is a change, and so must be an individual's choice; it is hard, but there is progress.

In the Nuragic Civilization, the phenomenon that was called 'Reunion with the main soul' was when the newly deceased being became a spark that was then inhaled by a sort of tornado with transparent walls until it entered a bright cloud made of billions of similar sparks. At the moment of entry into the cloud, all the experiences and knowledge of the other sparks was acquired and the deceased felt part of the All, in that the personality remained but was one of billions. When it was time to reincarnate, upon return to the physical world the spark gradually re-acquired its own individual personality. This phenomenon is truly experienced and is a pale description of the concept of Psychic Body group super-identity. In that particular case going from one to many and then from many to one was lived intensely, but for those used to living in certain dimensions it is completely normal to be ONE, while also ALL.

# THE STRUCTURE OF REALITY

## SPACE

A reality with more than four spatial dimensions is possible: in an OBE we can access a four-dimensional spatial reality because it is the closest to human reality. Even others are accessible but would be too much of a shock; there are six in all.

For the moment for humans contact with other dimensions is only available psychically through entanglement. Much time must elapse before humans can physically establish contact. The number of existing universes is too large to calculate. Amongst these many have intelligent life and many others are totally uninhabited.

Motion exists in all energetic dimensions but varies in form depending on the dimensional environment present. This is how beings express themselves. The movement is seen like the sequential change of one's spatial location, but what humans call space is, according to the Agarthians, a property that also included non-physical beings, because they too have a type of physical body within their specific dimension.

A sphere with the intersection of the x, y, and z axes at its centre, at the points where it is intersected by three-dimensional axes has a surface perpendicular to the intersecting axis, but it does not accurately represent the fourth spatial axis, which is perpendicular to the other three; however, because humans are bound by three-dimensional vision, they are unable to visualize it. It is possible to see this reality in an altered state of consciousness.

## TIME

Time is not seen as continuous, but a numerical sequence of simultaneous stationary states, and we can simply choose which direction to read it. Time can therefore be freely travelled in either direction, but the reliability of future predictions, given the multitude of possible choices made in the present which influence the future, depend on the 'traveller' and his/her competence in travelling. Those who know how to 'travel' can see the future more accurately because the choices must conform with what was predetermined before they were made.

For the level at which humans are currently, the future is like a track within which 'micro-choices' can be made freely, but not so as to step off the track itself. In the future however, as humans rise in consciousness, things may become clearer. In their present state, humans have limited free choice inside a pre-determined framework. It is forbidden to reveal how things are for the Agarthians.

The future is seen as a result, therefore the past must unfold a certain way to give a certain result. Influence is two-way, in that the past leads to a particular type of future, but some events, despite negative influences, must occur anyway, and so there must also be influence from the future to bring about these events. For example, it has been said many times in the past that there would be a third world war with subsequent annihilation of Earth, but, for reasons that cannot be revealed, even then – as in other occasions – the planet was saved, because the responsible entities decided that it had to survive. As a result, past events that would have inevitably led to

destruction were somehow altered. There was a future to abide by and so the past was altered to fit in with a pre-determined outcome.

Time and space are needed for reality to unfold and for actions leading to unavoidable principle events. Some events can be avoided or changed because in the larger scheme of things they are deemed uninfluential or unimportant with respect to fundamental ones – be it in a positive or negative sense – which have to occur regardless. In a way, time is a sequence of events that produce, as an effect, the future to unfold.

From a particular point of view, the future is transformed to the past by the collapse of Schrödinger's wave function, but also from something else: we must remember that some future events MUST occur, therefore past and present 'adapt' to these more important future events.

The past is written on many levels, not just physical ones, but of outer bodies too. This is why the past isn't truly revisited, but is usually filtered and modified by something, including the emotions of the moment. It is possible to relive past events exactly as they happened, but only by maintaining a pure energy, not altering them according to perceptions and will. With appropriate physical means of interacting with the ether, it would be possible to also do it instrumentally. With respect to inevitable future events – depending on the level of events themselves – some concern individuals or nations, or even all humans: it all depends on the interactions that individuals create amongst themselves. They must occur: it is a learning path according to which, if good things do not invoke learning, the bad will follow. Communication with the future is limited in these events. According to the Agarthian, free will should be used to learn through good events rather than bad.

Theoretically we can physically go to both the future and the past, but requires the ability to do it. If we go back in time and change 'detrimental' events to create a new temporal branching with a different future and then, at the right moment, move into that branch, we would shift to another universe. It is as if 4 or 5 different paths branched off from an event-crossroads – following one would keep us on this Earth, while the others lead us to other Earths in other universes.

The Agarthian refuses to say how to comprehend a fourth spatial dimension that is orthogonal to the other three and explains that to grasp this ability requires being born elsewhere. For the time being this information is not available to us. There are other realities in which inevitable happenings are different. This subject is only just developing. In the past there have been figures who, within their religious or spiritual traditions, have taken steps forward, but an understanding of reality as such is only beginning.

When asked if, speaking of six dimensions, one of them is time or are they all spatial dimensions, the reply is that there is time and then the fifth and sixth are states inside the pyramid mentioned previously. There are, therefore, two dimensions which even he can't define: he uses the term 'spiritual'. In practice there are three spatial dimensions in which humans live (the universe), then there is a fourth spatial one (multiverse); the fifth and sixth are 'psychic/spiritual'.

Time is needed to maintain order in space, like an A to Z listing. We can see the passing of time as a sequential order of numbers used to consider things, so that we can concentrate on one thing at a time – first number 1, then 2, then 3, etc. We can also see time from a broader view using a universal event index as well as a personal one. Since entanglement is the primary method for transmitting information in 'zero time', an instant is the same for everything. There exists a sequence of 'snapshots' in which we can logically consider the whole universe (or multiverse) and understand its evolution.

## THE ETHER

In what is thought of as empty space (the Agarthian calls it 'ether') there are lines – of 'energy', so to speak – able to immediately transport telepathic information from one part of the universe to another in 'zero time'. They are a type of 'bypass' to circumvent time.

If we were not in a physical world it would be easier to explain; the intent for something to occur will make it occur quickly through these 'channel's or energy lines. It would not be wrong to think of it like passing to a fourth spatial dimension and then returning to the normal three.

The ether has lines that allow instant communication: they are energy lines. The ether is not something like neural networks, nor is it a huge number of non-physical 'neurones' connected by a type of entanglement or by LEY LINES as there are on Earth. The ether is not an environment, but something that some Indian philosophical tests have attempted to explain. The ether is permeated by energy and it is energy itself; much can be gained from knowing how to use it. The ether becomes active only when it can be used, otherwise it is like pond water, which can be very useful depending on who uses it.

## PHYSICS

The speed of light can even be exceeded with matter, using appropriate instruments. We are urged to not put faith in theories of the insuperability of light speed; it appears that the person (*Einstein*) to whom flashes of knowledge were given misinterpreted them in a limited way, consistent with his era. The Agarthian says that, at a physical level, much more will be discovered in the future and that, as happens with old theories, that one will become a brick on which more advanced theories will be built.

Although not his field, he can say that the correct idea to follow is that which schematizes the environment we live in as a type of ocean of ether in which the propagation speed of electromagnetic waves is limited and is interpreted as a speed limit of matter, but which is surmountable by matter the same way the speed of sound in air is surmountable.

Speed exists in the human sense of the word. He speaks of it in terms of evolution of a physical thing. If instead we specifically think of the formula  $E = mc^2$ , then obviously the speed of light varies. Matter – as mass and therefore space – causes the speed of light to vary.

It is possible to have zero time universal communication, or infinite speed, using what is called entanglement. The Agarthian however cautions that it is only the start of a new theory, because for them it is a knowledge totally acquired by contact with other entities and dimensions; it is only just being revealed to humans because they were previously too primitive to understand the concept. With entanglement we can do as we please. In a final study it will be discovered that it is exactly that which makes matter work in the physical world. There are at least 10 different types: different ways of expressing the same principle. He says it condenses both the physical aspect and the 'mental', 'intentional' one.

The Being at the top of the consciousness pyramid is able to receive and send information from the entire universe, and even in the entire multiverse. Consequently the concept of time relativity is invalid because it is linked to a speed limit, that of light; it is eliminated by the presence of an infinite speed, that of entanglement.

Regarding the universe's expansion, the Agarthian says that it's not a matter of motion, but a concept of shape that humans can't comprehend. The best explanation is something like self-study by the Supreme Being.

Regarding the belief that the universe's expansion is measurable by the Doppler effect, he confirms the existence of the Doppler effect and its usefulness in measurement, but it is also true that photon energy degrades over distance. What we call the 'Theory of Relativity', according to him, only explains a small part. This theory considers time as orthogonal to the three spatial axes, but it isn't orthogonal – it's at a certain angle. He shows an image in which it is at thirty or forty degrees to one of the other three orthogonal spatial axes and consequently the angle with respect to the other two can be calculated.

He refers to the fourth spatial axis when talking about the connection of physical matter to explain entanglement. To visualize it, replace time with the fourth spatial dimension, that is at 90°.

Therefore Einstein's Theory of Relativity is incorrect because it only works well if the angle is exactly 90°; it partly works and only explains certain things. There are beings like him (*Agarthian*) who are tasked with contacting physical humans to try to broaden their view of reality.

Physical laws change from universe to universe and the Supreme Being is aware of itself even through these physical laws.

It makes no sense to distinguish physical energy from mental energy, but humans are so limited they need these distinctions: in reality it is just different energy levels.

Everything arises from a primordial thought; it's part information and part matter, something that immediately precedes matter and then gives it shape.

When asked if, in other parts of the universe, there is life based on elements other than carbon, he replies that he is not very knowledgeable in this field, but says that even on Earth there is sand and in many galaxies the main molecule is based on that element (*silicon*). As far as he knows, there are another three or four elements on which life can be based and also some forms of life are based on the water molecule.

Water molecules can be influenced by the mind. It is obvious to the Agarthians; one of the easiest types of entanglement to get is that with the water molecule thanks to its very shape. It is a zero time entanglement and as efficient as the basic one we know.

That network of connections which is the ether can be influenced by going into a deep meditation; in this way its energy can be used. Someone tried to extract energy from the ether with technology, but humans are still too far behind. It requires working on the magnetic field and other beings in the universe do it. He says that extracting what is called 'free energy', as far as he knows, has only been accomplished by very few on Earth, and the people he knows want to use it for good, but unfortunately there are always malicious entities who want to suppress this discovery. Nonetheless he reiterates that it is not his field.

According to him, the idea that reality is comprised of a collection of waves that interact like a type of videogame is incorrect, because for him everything depends on the energy of interaction implemented through bodies and the aura. To him the idea is reductive because it does not allow for the correct use of all known and unknown senses.

Speaking of wave/particle duality, the universe is not a collection of waves extending to infinity, nor a collection of 'blurred' particles due to the varying probabilities of their location, but rather as something different with respect to these two possibilities, something that also involves other realities; it involves neither waves nor particles, but a type of living mega-consciousness that appears in one way or another moment to moment. It is a third concept of energy not yet thought of. It is a type of energy involving six to seven dimensions.

It's true that some believe physical and mental reality both arise from a stochastic electrodynamic field called the Zero-point Field, but in fact we need to look elsewhere. He also explains that even the topic of location of consciousness (inside or outside the Physical Body) concerns different Bodies we have yet to discover and study. Consciousness resides in a different dimension to the physical, but it interacts with the physical by means we have yet to discover.

As far as we know, atoms continue to vibrate no matter what, even at absolute zero temperature, because it has to do with their very existence: when they cease vibrating, they cease existing. This vibration occurs in space and time according to the aforementioned six dimensions and humans, in their three-dimensional space with one-way time, see it as a spatial vibration as a function of time. In reality the vibrating atom sometimes appears in our three-dimensions and sometimes in other dimensions.

Where there is no time we can only talk about spatial frequency, not temporal frequency; for example, a two-dimensional chessboard is characterized by a spatial frequency of alternating black and white squares along both the x and y axes.

When asked if dark matter and energy effectively exist or are only theoretical, he replies that, as far as he knows, points of dark matter actually exist and are observable. He suggests that the current explanation is not correct: according to him the issue involves the introduction of new mathematical concepts that better describe the behaviour of those areas of the universe. This will lead to a better understanding of them because they are vast areas in which large masses can easily move between dimensions. The dark matter he refers to is not that concentrated inside black holes, but that which is invisible yet scattered around the universe.

The original matter that comprises the universe and from which everything arose has similar characteristics to human emotions, such as Love, Pain, Hate, etc, and yet is different: it is comparable to these, but much greater, and humans can't grasp it because they are not in a spiritual dimension.

## THE PURPOSE OF PHYSICAL REALITY

LP states that Federico Faggin asserts the theory that reality – physical and otherwise – is only a method of communication used by conscious entities (which he calls fields) to communicate amongst themselves, in the same way humans use a book, the latter having to adhere to the rules of grammar and syntax. Reality therefore makes no sense in itself, but only for those who use it to communicate. According to the Agarthian, who does not know Faggin, this makes sense and Faggin received this knowledge because, obviously, he was considered able to understand it. He adds that this is only the start, for us, of a greater understanding of reality.

When asked if the Subtle Body's purpose is only to decode signals transmitted from one Psychic Body to another through the Physical Body and the reality in which it lives, he replies that the Subtle Body obviously has other roles that him, at the moment, cannot reveal. Both Psychic Bodies and other entities exchange information via reality which, for a higher objective, either collaborate or battle each other and use physical reality as a means of communication and chessboard on which all have their own pieces. The game is played according to rules obviously unknown to us. The Agarthian himself only knows that the game must be won, but doesn't know its objective. The 'other entities' are not collections of Psychic Bodies but other types of entities. Even most of those who preside over Earth are not Psychic Bodies – they are other higher entities who for the most part have never been physical. They are not groupings of Psychic Body groupings, but different single entities that were created by the Supreme Being and deal with objectives that can be different to learning and related things. For example they are involved in creating new entities, improving existing ones, deleting spiritually inadequate entities, improving physical reality...

When countered with the fact that the improvement of physical reality used by Psychic Bodies to communicate amongst themselves means that there is an external referee who changes the rules of the game as it is being played, the Agarthian replies yes, if it is useful for the higher goal; for example, from a certain point onwards new pieces can be inserted on the chessboard. This also means that the pyramid hierarchy of Psychic Bodies represents a playing field in which outer entities change the rules according to criteria that the players don't know and can't understand.

It is right to say "I have a right of access to the idea of...": it's like a records office from which one person can take two ideas and another four ideas, depending on one's creative ability, or even for psychological and spiritual testing. If an idea comes to fruition, it is because an individual higher entity decided it should materially exist, to represent a means of communication with other entities. Believing ideas are one's own is an illusion. It is simply that IDEAS CANNOT BE GIVEN; THEY ARE ALL THERE AND CAN ONLY BE ACCESSED IF IT IS ALLOWED. Most scientists are people who, either because of their concentration abilities or their moral and spiritual qualities, were allowed access to this records office to obtain ideas. But, as an example, those who designed the atom bomb then greatly deviated from the reason they were given these ideas – they failed the moral test.

At the human level, a single and indisputable definition of 'consciousness' is not possible because it is still under construction and each individual is different. According to what he can say, consciousness represents the 'nucleus' on which sits the 'necklace' (or bracelet) of lives previously mentioned, and it operates both the 'chain' with the collection of lives and the single 'pendants' (individual lives). It is a divine component that permeates all living beings and that humans are tasked to discover. As far as he knows, consciousness informs the Psychic Body, not vice versa. Consciousness produces information, which makes the Psychic Body's existence, and that of all lives needed for learning, possible.

## UNUSUAL ABILITIES OF THE MIND

The Agarthian suggests substituting the term 'energy' with either 'force' or 'ability'.

### MEDIUMSHIP

Mediums are involved with the Psychic Bodies of other entities belonging to a different dimensional reality: their reality differs from the normal terrestrial one by one or two dimensions. Beings without a Physical Body can be contacted up to the maximum point of Psychic Body manifestation. There is a limit to the level that can be reached because entities at a certain point of dematerialization no longer have psychic faculties.

We must communicate with non-physical entities, and not refuse. We need only use the mind and what we call telepathy. Mediums are tasked with manifesting certain low level energies for people of little intelligence like humans such that there are no doubts, for those present, about certain facts and principles. If a medium's role is to manifest positive ideas and energy, we can trust the presences that appear in psychic sittings, but unfortunately many only do it for personal satisfaction, curiosity, or money and this attracts what we call 'negative energies', because the original intention is not for knowledge and/or love, but a deviation from positive energies. In order to contact entities that for us are 'non-physical', telepathy must be used extensively along with a strong desire to talk to them, and he recommends treating them as if they were people actually living in their physical bodies and to avoid projecting negative thoughts onto them; if they appear to a living person it's because, either through their own volition or a higher decision, the living person needs help or comfort and those non-physical appear to give useful guidance. Cues can be used – which have often been abused by spiritualists – such as perfumes, objects, or other things, but the important thing is the open and clear telepathic expression of intents. The brain must be used as it would be if the person were actually present, therefore we could speak and even describe an image while focussing strongly on it as we would to describe it to a person sitting beside us. The other person must also activate the ability to listen because telepathy is like normal speaking and listening, only without physical eyes and ears. He reiterates that it is important to talk and listen as if we were dealing with human matters. He says that universally comprehensible questions and answers are moving within the ether (the actual term 'ether' is used – author's note), as if both ends instantly understand the language in which they are expressed. He suggests we practice 'speaking' and 'listening' to refine the ability to communicate telepathically.

The purpose of sleep is to 'reset' the mind and the body. Many do not leave the body during sleep having an OBE, but go to what he calls 'worlds of origin' to see what is happening and, when they return to the body, sometimes remember parts of it as a dream. Dreams are usually messages directed at a person which, depending on the moment, may or may not remember them. In some cases they are processing the day's experiences and perhaps someone will get ideas from them, or become aware of something previously unknown, however, dreams of deceased people are actual encounters with them – they are OBEs with real encounters. It can be that the dreamer needs contact, or the deceased themselves. If the deceased do not want to participate in our daily happenings, they will not be seen or heard. EP cites the example of his grandmother, whom he has

seen many times in dreams, and the Agarthian confirmed that his grandmother, who died prematurely, wanted to help her grandson through a particular phase of his life.

Mediums have open 'windows' in their minds and can more easily make contact with the deceased. When mediums say that telepathy is sufficient for contact with the deceased and various entities and also to sense the presence of living beings, this is simultaneously true and not true; both telepathy and skillful use of the sixth sense are needed, like when we sense the presence of an unseen person in our home. It is like when we can automatically sense being observed and find we actually are. It is not a contact of auras, but an altogether separate sense; being able to sense a nearby person's aura when they get within a certain distance explains sudden altercations which can arise between people with incompatible auras.

Contrary to Westerners, who are often annoyed by crowds, those of the, especially Arabs and Indians, are accustomed from infancy to the physical and psychological proximity of other people, so for them living in close contact and interacting amongst themselves like sponges becomes normal. According to the Agarthian this is not connected to terrorism: he sees terrorism as firstly a mental and then psychic invasion by entities addicted to physical matter, who control weak and fragile beings whose auras show malleability and gullibility. He adds that behind terrorism is the need, by those who control many humans, to enlarge their control of the planet. He also says that what is told to us is false.

It is the deceased's Psychic Body which is contacted, while Subtle Bodies disappear at a certain time after physical death, even though for some entities they can last a long time; if an individual is essentially unable to detach from physical life, the Subtle Body's dissolution time is very long. He cites the example of some figures from both the arts and politics who were very successful and are unable to detach themselves even if they have been sent to worlds that are lower than the original one – as has been mentioned – because the achievement on Earth was unforgettable.

In this case they leave that Subtle Body here and acquire another in the lower world to which they were sent. Therefore those Subtle Bodies would be contactable; for example Hitler's Subtle Body should be contactable by a medium if it were allowed, but it may not be. It's like there is a law that decrees what can and cannot be known. He also says it would be best to not contact these entities.

Since the Subtle Body has only one identity and the Psychic Body has multiple, it's true that humans expect them to be different, but from a human perspective it is not important because when these communications are permitted, what counts is the information received, however, if an entity presents itself with similar characteristics of a known Physical Body, it is evidently a Subtle Body. An entity can present itself looking as it did in the life before the one from which it was known. However, the information provided is what is important. Above all when there is a medium involved, these entities do not always give true information; sometimes they mislead and this is why sittings with mediums should be avoided except when there is a truly important message to impart, in that sittings with negative presences undermine the medium.

Some people are predisposed to the 'dissociation' common with mediums, while the majority – and EP and LP are the exceptions – are unable to tolerate this 'incorporation/separation' of another entity. Most contacts with the deceased is however through telepathic messages: whether the receiver is awake, asleep, or in a trance state is unimportant. The entities' outward appearance can be deceptive – in this world there is often the intrusion by spirits that humans would call 'evil' or 'negative', who appear as somebody familiar in order to spread deceptive messages.

In our low level of existence there is no sure way of knowing, at a physical level, whether or not we are in the presence of a deceased person, but if we have telepathic abilities and are well trained, we can certainly contact the deceased without the need for sittings.

A certain physical sign of true contact with non-physical entities is if the person is physically recognized (if known during life) either from a smell, or from scenery, or even outward appearance (*an actual apparition*).

When entities from other dimensions are in the human environment they either become tangible or they remain with limited solidity depending on the entity and its origin; some can make themselves solid and others can't.

There is a correct way to contact external entities without being in an altered state of consciousness: remain vigilant and perfect the use of telepathy, with its associated senses like the aforementioned sixth sense and the mind's ability to make ever more precise copies of information to send telepathically.

According to the Agarthian, higher level physical beings are not different to humans, but further along the learning path. Some are aware of having learnt, and so use these powers heavily and more or less ethically, whereas others haven't the faintest idea.

## **INFLUENCE ON REALITY AND HOMEOPATHY**

The mind can influence others' physiological state for the better (or the worse). To do it more efficiently for the better requires much practice, but anatomical-cellular discoveries have yet to be made to be able to fully use this mental ability. The expression of positive energy is the beginning, but we need to find as yet undiscovered channels within cells.

On Earth intention can also be used to harm, because on the one hand it is used for purification of those who use it, and on the other, it is for exercising these abilities which, if not mastered or perfected, prevent crossing to the next stage.

People can be taught to heal others with the mind. It is like teaching the alphabet to elementary school children: those who have this ability should teach it to others, as it was freely done to him. Others can be healed even without an existing emotional link, even unbeknown to those being healed; if this 'alphabet' is learnt, healing can be done even without collaboration or knowing the healed.

There is a faster way of learning these apparently 'paranormal' abilities and, through what we are doing, the Agarthian is slowly trying to introduce it. We concentrate on the pure intention as if it were a ray of white light with no black spots or dust.

Modifying reality requires the pure intention – uncontaminated desire – to do something, avoiding anything we could call 'slag', however small. He cites as an example a speck of dust. Personal gains are like stones. The speck of dust also represents any slight indecision or uncertainty, which fractures the mechanism.

We can also greatly influence the behaviour of others with the mind and there are many negatively oriented people who do it always, because they were given use of these powers and use them badly. These powers at the moment are very connected to the level of matter.

The mind can also heavily influence others' health; since the Agarthian is a type of doctor, he knows this very well. Positive influence is an act of love, whereas negative influence is an act of

hate, of deprivation, and of egotism. We can discern positive intention from negative by the colour variation of the aura.

Intention affects both events and matter, while the placebo effect is based on the body's reaction as if it received a medication that wasn't actually given, but it's the positive intention that accompanies the administration of the fake medicine and the patient's healing intention. For greatest effect, these two intentions must be added together: the end result greatly depends on the patient's receptiveness, which means more than the healer's intention.

The efficacy of pure intention depends on the dimension; since in our dimension space and time are influential, as does application time, and not just its intensity or strength.

Naturally it also works on oneself.

The ability to mentally interfere with physical reality depends little on DNA but very much on the person's propensity to learn and practice. The competition can always be won, regardless of starting point.

In the mind-matter interaction it is possible to identify the 'signature' of the individual doing the influencing, such as examining the effects on a random number generator or a photomultiplier, but humans are still too primitive to make these types of measurements. He stresses that, even so, electrons also move due to collaboration, and so there is not just intention but also the responses of individual electrons; it's like an electron hears the intent for it to move and either agrees or not, therefore if it is done as a game movement is more likely...

Obviously planet Earth's water cannot contain information of other universes, unless it has been influenced by beings from other universes. It can be energized by positive emotions for therapeutic purposes; water's structure allows the storage of positive or negative information. To cancel negative information the molecule's relative structure must be altered: in a manner of speaking, if negative influence shifts it in one direction, such as to the left, positive influence shifts it the other direction, to the right. It must be brought back to the centre.

During an OBE it is possible to enter inside a water molecule to see its structure, and therefore also its deformation as it joins with other water molecules to form clusters with varying properties depending on their shapes. Such water molecules can therefore have a sort of memory, but all matter has memory, and clusters are only one case in which structure contains information. Due to its plasticity, water can hold more because it can move freely. There seem to be physical-chemical properties of water still unknown to humans.

He says that homeopathy does depend on intention, but intention alters water's physical-chemical structure which carries with it the healing intention through means still unknown to humans. The memorization process of water is rather sensitive and is easily deleted – and humans recently learnt that water has two structures with different viscosities – but there are other characteristics of water to be discovered. The position of hydrogen atoms alters water's characteristics, so these positions need research; their angles can vary to the point that the molecule may no longer be called 'water'. Its chemical composition remains the same ( $H_2O$ ), but the molecule's spatial structure changes and, at extreme distances, different types of matter can be defined.

The angle between the two hydrogen atoms can vary from  $102^\circ$  to a maximum of  $110^\circ$ . This is the angle between the hydrogen atoms and oxygen; chemical properties are altered depending on whether one hydrogen or both are moved. Their world has technology that allows them to move only one hydrogen atom. The oxygen atom is the reference point and the hydrogen is moved with respect to it. The oxygen atom is not actually spherical; it's rather like the solar system, a roundish shape but not totally symmetrical, therefore a hydrogen atom of water can be moved, independently of the other, in relation to the other hydrogen and also solely in relation to the

oxygen atom and this greatly increases the possibility of imposing a particular behaviour on the molecule.

Assuming we have given water a power such as that of healing, we can make it last if the intention is applied correctly: in such a case the information is permanently recorded by the water. It is necessary to connect to the Higher Consciousness/Energy and use that connection to imprint the message with healing intention. The more it is done, the stronger and more stable the effect.

We can free water from external influence and 'delete' it as if it were a piece of paper or a memory chip subjected to electromagnetic energy. The ideal situation is an angle of  $105^\circ$  between the two hydrogen atoms. A microwave oven is no good because the required frequency is between 1000 and 1200 MHz (1111 MHz to be exact), and the oven's frequency of 2450 MHz would cause distortion. He shows EP an image of a cell phone in her kitchen, left for a prolonged period of time near the pot used for cooking pasta; this is one way of 'neutralizing' water.

**Homeopathy** works because water gathers information which is not so much therapeutic as it is about the change in state of physical matter, which goes from negative to positive and, since water is a specific vehicle, the information can be easily deleted. The active substance is the healing information inserted into the water itself and not the multiple dilutions of the ingredients to give water its homeopathic properties, nor is it the intention expressed by whoever prepares the mixture. Along with the chosen ingredients, there are always many other extremely dilute substances in water.

It does not matter if the healing information is inserted into the mixture during preparation or when it is given to the patient; the important thing is to introduce the information into the angular distance between the two hydrogen atoms in water molecules such that the receiver understands it.

## BEYOND THE FIVE SENSES

It is possible to transmit information without using physical means; the underlayer of energy called 'consciousness' is more than sufficient for this.

The Agarthian confirms that they possess nine or ten senses and these extra senses allow them to live in rarefied atmospheres with little air, water, etc. According to him humans have seven senses. A physical sixth sense – not extrasensory – is comparable to antennae, in that it 'brings together' people. He uses the example of birds flying in formation (such as starlings): many people brought together have a small sixth antenna-sense that turns the crowd into an actual transmitting and receiving antenna. This is not, however, referring to mob behaviour, which is often extremely irrational and even harmful to survival. Instead, it is like electromagnetic transmission, and he puts out an image of a flock of birds in which each bird knows what to do. It is simpler than telepathy; it is like cells interacting amongst themselves, allowing a group of people to behave in mutual agreement without needing to speak. The sixth sense has nothing to do with the OBE, but with emotional and mental states. It is like an antenna tasked with putting signals in phase. Occasionally someone's antenna is more efficient and puts the others in phase, for example spreading calm or excitement. This is the emission of subtle energies that propagate from person to person, like a stone thrown into a lake. It also works for small groups. The sixth sense is also used when, for example, during a lecture or conference all the spectators' attention is fully focused on the speaker.

**Telepathy** is a further evolution of this basic function and is subsequent and superior to it. Humans also have a seventh sense, which is a type of intermediary physical and non-physical sense, from which extrasensory abilities develop. It is similar to computer software – within humans is a biological component that translates information from other dimensions and non-physical entities. He specifically refers to the nervous system, which is partly involved along with areas of the brain. It is mostly inside the head. Telepathic communication is not the transmission of something physical, it is what humans call 'entanglement', and this is how information is exchanged. This also applies in influencing matter, which is also a type of entanglement. Telepathy is much more than transmission of raw ideas between conscious entities who agree on the meaning of these ideas. Humans are like infants learning to walk, but in fact with telepathy everything can be transmitted; not just concepts, but knowledge, abilities... knowledge can be siphoned from one person to another.

Trees are telepathic and can communicate amongst themselves like the aforementioned flock of birds: from a human point of view it is a type of telepathy, but for them it's the only way for distant communication. By standing beside trees, humans can improve their telepathic ability.

The human **seventh sense** is a type of evolution of the sixth sense; it is a kind of translator of thoughts of different entities. According to the Agarthian the transmission of ideas and thoughts via telepathy is not always immediate. The seventh sense can convey the essence of a subject without resorting to telepathy. To perfect it requires to be active as if we have an extremely developed sense of hearing and therefore always speak better.

Animals can sense an imminent Earthquake because, since they don't have the mental structures of humans, they are connected to the planet's Consciousness and can perceive its variations. The planet is intelligent and it emits a kind of telepathic message to whomever and whatever can receive it.

## THE OBE

During an OBE state we can gather precise information about things and people on Earth, but we must first get used to seeing and hearing things in that state: much practice is needed because in this state we don't have control of our senses and therefore descriptions are difficult. There is also the problem of temporal sequence, which is usual for humans but is absent in an OBE. Mistakes can be made for many reasons during an OBE. The Agarthian blames lack of practice for the error in the description of an object on a table while in an OBE, like placing a gunsight on the wrong target. Rather than concentrating on the table, it is best to look in its general area. The cause of errors is inexperience and fear of failure, and also fear of 'pulling the wrong thread' (as if there were threads to pull). OBEs involve a reality that requires very fine distinctions.

Different dimensions mutually intersect and we can see things that shouldn't normally be seen and even in a confusing way; this is also caused by out-of-body mental states humans are not used to. In fact there is no 'right' reality – we must learn to see what is in front of us with different 'eyes' and learn to understand how different realities intersect each other, otherwise if a person visits someone else's house in an OBE, some details will be correct and others wrong. Just as an infant will begin crawling before trying to walk, OBEs need practice; we need to develop the habit of using another sense, which can be compared to human vision.

During an OBE it is inevitable to move towards what is most interesting, therefore a person having an OBE will clearly see what interests him/her and vaguely see the 'target' object, this latter important only to the person who put it there, but not see at all what is of no interest to either of them. The person having the OBE must have an interest in what he/she would not otherwise have: items of no consequence are eliminated or changed into something interesting.

According to the Agarthian, if several people have an OBE simultaneously they can hold hands as they would in their Physical Bodies because the intent alone will make it happen; one Subtle Body will touch that of the others and to them it will seem as if their Physical Bodies are holding hands to form a circle.

The tests made by LP in making several people from the health care profession go into an OBE simultaneously – and who can now do it without guidance – confirm that their combined result is greater. More people have more effect on matter and it is neither an illusion nor a ceremony but, in moving to a higher level of consciousness, their effects are multiplied rather than added. Maharishi Mahesh said that the effect is proportional to the square of the number of people expressing the same intention, but in reality this rule applies to common people, while exceptional people have even greater power. The ideal number of people to have simultaneously in an OBE for greatest results is 5 or more. They should come to an agreement amongst themselves like the players of a soccer team.

It is most of all important that they do so during the OBE, talking amongst themselves. LP confirms that when several people are having an OBE simultaneously it seemed to him that it was much easier to keep a group in the same temporal moment, same place and, above all, in the same level of reality than with one person only, by reminding them to hold hands and to discuss what they are seeing amongst themselves.

In an OBE some are good at one thing and some at another, for example describing the environment or reading some writing, in that it depends on a person's inclination; some are more

sensitive to space and others to knowledge. He says that for EP it is easier to understand concepts than describe objects or read documents written in unknown languages. To discover all the possibilities open to us with OBEs we need to make do on our own. OBEs are also good for improving telepathic abilities.

Hypnotism involves what he calls the 'sixth sense' or the 'antenna sense', but awareness and the will of the hypnotized person are also necessary. He says that LP has met people who were not cooperative and urges him to beware of deniers. They are not a threat personally, but they have a negative antenna rather than a positive one and should be excluded from experiments.

## **PSYCHOKINESIS**

Macroscopic psychokinetic abilities are simply forbidden for humans. A few Chinese may have them, but no more than three or four individuals. On the whole in the West some abilities are forbidden, but there are some who have them and keep them well hidden. There are three or four individuals there too, but for the rest it is not a matter of inability: even if someone found the right path, he/she would be distracted by interruptions, because their moral level is not high enough to allow this. We are allowed to act on a microscopic level, for example – as we have been doing – on random number generators and photomultipliers; these abilities, which we humans consider small, are for the Agarthians a testing ground to see what happens with small things and if, as with children, we behave well, the possibilities will increase. He is referring to all of humanity and not individuals.

He cites the case of telepathy: since they have noted that in general it is used for good, they are allowing its expansion. According to him telepathy is based on a kind of photocopy of the thought in the sender's brain appearing in the receiver's brain.

To influence electronic equipment or the health of individuals from a distance he advises to connect with that type of Source Energy called Consciousness and free ourselves from the shackles of living in three-dimensional space. We must convince ourselves that it isn't magic but functions at present considered advanced but which in future will be available to everyone, within a few thousand years.

## **MEDICINE AND GENERAL THERAPEUTICS**

He doesn't understand all the fear humans have around cancer; Agarthians take for granted the fact that thought manages and modifies cells, but even for them it's not easy to always maintain the necessary clarity and positivity of thought. Humans are all the more susceptible to the cellular mutation called cancer; it is only a prolonged negative attitude towards something that causes that mutation to take hold, otherwise the human body alone can eradicate it at the start.

If we adopt positive and open attitudes, cancer can be easily conquered.

Diseases like multiple sclerosis or heart attacks can be better understood by knowing the human-project: they are partly planning errors and partly products of a lack of 'positive projection' of energy. It is a bit like a malfunction due to a defect, however, if positive energy is used regularly, the defect would not appear so dramatically; an attitude that is never negative toward oneself – which he considers the most difficult – and never negative toward others is able to fix even serious planning errors. It is as if the brain and emotions need to be put in a washing machine that never stops.

Serious illnesses in children can be explained when the mind-matter connection – as the Agarthians define it – is not always successful at the beginning, therefore at birth, as he says, non-physical bodies do not always incarnate correctly and energies do not always circulate correctly; at the start there could be a fault, from a mental and emotional point of view, not just a physical one.

In a preventive mental analysis of a patient, the doctor should apply the technique to give the best results in the shortest time possible (eg visualizing light entering the body, meditation, hypnosis, prayer, sending positive emotions from a distance, etc). A good practical way is to guide people towards an awareness of their spiritual essence through meditation, but he reiterates the importance of tests that must be passed. Meditation is invaluable for keeping certain negative energies under control, therefore everyone should do it. By 'meditation' he means 'emptying the mind'; as in Eastern disciplines we first control the breath, then the mind, and eventually allow thoughts to pass through and watch them go rather than follow them.

When asked if electrical stimulation during acupuncture can facilitate access to 'paranormal' abilities, he replies that as far as he knows, no, because paranormal abilities depend on a person's ethics and meditative aspects, their openness towards the 'extra'.

Regarding chakras, in general he does not know which frequency and voltage to use to stimulate them; he reaffirms that, for healing, he stimulates chakras with the mind – and can explain it – but doesn't know how to do it with a machine and according to him, if the healer is able, can even heal independently of an OBE. If the healer requires an OBE, he considers it a type of insecurity; it's fine if it is only needed for a short time, but the same and equally effective results can be obtained with the right concentration. He suggests always having the consent and cooperation of the patient, otherwise if there is resistance we will only scratch the surface.

He also advises against applying low, medium, or high frequency electromagnetic waves via machines to physical or mental illnesses, whereas their application from those with particular skills are indeed advisable, because their abilities are much greater than those of machines because they carry, in their consciousness, the intent to heal flesh and blood patients, rather than a machine's simple sterile programme.

As far as he knows there is a written programme according to which, depending on where they are placed, totipotent stem cells receive signals telling them how to develop. It is as if there were a pre-defined plan (*morphogenetic field?*) and cells adapt to this plan to form a specific organ – for example, a heart instead of a liver – and hence a whole functioning body. This plan is the desire of some outer authority and calls for, in this specific case, the creation of a new human being. It involves places in other dimensions and other entities about which we can't know.

## AGARTHA (AGARTHI)

EP states that there is a place in Asia, in a very mountainous area, with a large cave inhabited by very happy people. It is below Tibet in the Himalayas; above it is lots of land. They are huge interconnected caves and seem to copy the beautiful places on the Earth's surface. There are lovely flowers and gardens, all well cared for. The inhabitants seem very happy and call this place something that sounds like Agarthi, Agàrtha, Àgartha... which approximately means 'my home'. They are in a type of bubble arranged in an energy-mental-spiritual configuration which makes it unaffected by Earthquakes, despite this being a seismic area. It can be thought of as caves, although they are not totally in the physical world, but only partially. They are very far below the mountain chain and for this reason – even from a physical point of view – they are barely affected even by an Earthquake like the one from 10 or 15 years ago. It seems that this same bubble protects them from everything, be it physical or mental.

Amongst them there are some who, on a mental level, are assigned to transform what humans call spiritual energy into practical uses such as those stated here. Since the Agarthians have one foot in the physical realm, the cave Earth theory applies to the part in physical reality, but they are not just the so-called 'cave Earth', in that theirs is a type of cavity within the Earth but it is not a smaller sphere inside Earth. It is like a huge empty bean buried at a certain (elevated) depth below an area of the Earth's surface.

It is nonsensical to say that the Earth is a layer of rock and soil shaped like an empty spherical membrane with a type of sun at its centre.

Agarthians have round pupils like us and six digits: five fingers plus a thumb. They are like Nordic humans: blond hair, light-coloured eyes, and perhaps taller. They are dressed in embroidered clothes and exude much peacefulness and spiritual power. They are mentally advanced and can create anything they want through thought: they don't need technology. They are present in another two or three areas on Earth but he doesn't want to reveal where. The Agarthians don't eat: they absorb energy. He demonstrates a type of fountain of light which they go to absorb. They don't feel emotions like humans; for humans, what they feel can be likened to thought.

Physically they originate from another planet, but the Agarthian won't say which one nor how many of them there are. They have had a different evolution because their planet had physical and psychic energies different to those of Earth. Some of them – like him – came to Earth because they have a mission to conduct here or other places where life has evolved. They are a colony of their planet.

For them, being the same or different is unimportant (for them appearance doesn't count), because they recognize each other mentally, therefore to us they would all appear almost the same with their brown or blond hair, fair skin and large light eyes, even if they try to camouflage themselves when they appear (they have more digits and larger eyes...). They also have more senses and commonly use what for us are extrasensory experiences; while we claim to have five senses, they have nine or ten. The Agarthians use telepathy to communicate and have special communication systems with some other races.

Where he lives he is considered to be very young - he is about 5,000 to 6,000 Earth years old and they live for 30,000 to 40,000 years - and therefore has not been present to witness certain events, but has heard about them from those whom we would call elderly.

Reproduction for them is a sort of mental act comparable to our sexual act, an act of volition leading to the creation of another entity. Doing it though requires permission from higher up

because they have their limitations. Their process of reproduction is completely different to that of humans: they don't require incubation. Obtaining permission is important, then this act of volition gives rise to an embryo and then a foetus, which gradually develops into a physical person that can be seen and touched. The procreative thought is nurtured a bit at a time and slowly a person is formed: all three Bodies are slowly formed from the start.

At least the colony in which he lives can be compared to a large terrestrial village, with a 'mayor' and a body of authority at the top. It is a type of meritocratic oligarchy in which everyone participates as best as they can; he stresses that money does not exist for them and there is a sense of community, and so everyone contributes for the community to prosper – each person, depending on their potential, provides something for the community's requirements. He also stresses that they don't have political bodies as humans know them; the higher ranks – the governors – are similar to elderly wise people in human societies: they are more intelligent than normal people. They are not higher spiritual entities, but more like a primary school teacher with a class of children: he is like a child who does what the teacher says.

These entities live more or less like the rest of them. He stresses that they don't have the problem of control of power like humans. Since they are very spiritually evolved, when control needs to pass from one teacher to another, so to speak, the agreement is almost immediate because mentally nothing is hidden and they are, to use a human term, directed towards good. As such there is always a pre-determined candidate in reserve and – as far as he knows – the job has never been refused by any candidate on the passing away of a previous teacher.

Their culture is recorded in collections, made of specific materials, that store huge amounts of information. He demonstrates a type of crystal inside a case; it's as if it had billions of pages. It's a crystal shaped like the pages of a book, but there are actually billions of overlapping pages condensed into this form.

Agarthians store huge amounts of data in a central database, and they are neither analogue nor digital. In their world there are materials that are better than analogue or digital systems at recording data. They record everything that happens, including the psychic parts.

Agarthians seems to have participated in some way to the creation of the physical world, therefore they know it much the same as a designer who was involved in only part of a project. According to our definitions, people like him could be considered angels or archangels. He can't say any more about the Agarthian social organization, and anyway it is completely different to what we humans are used to, and so wouldn't understand.

According to him our world is changing for the better and it is due to their mission on the surface, but for even better results humans must purify their thoughts; they must not worry about unimportant material things. In their terminology, 'those above' (*meaning us*) should be more detached from things because there are so many of those things and dimensions 'outside' that an attitude of focusing exclusively on trifles – material things – will only bring harm. Regarding problems of terrestrials, he doesn't think the main one is overpopulation, because he sees the continuous succession of many people on Earth as something positive that will open many channels, more so in centres of power, which are strongly polluted by negative energies. Nonetheless, he can offer no solution because it is not part of his mission. He is the guardian of a doorway: not everyone can enter. There are different doors, but their locations cannot be revealed. It's like there's a doorway into Agartha; entities like him spread knowledge and sit at Agartha's doors. His task is to filter their vast knowledge to help selected people, in order to spread new ideas; it's like he was given a list of subjects with the authority to deal with only a few of them.

The Agarthian can read our minds, but in a limited way. He is our guide, and there are also others for other levels and other people for whom these things are intended. He has a very high social position. As a human comparison, he is similar to a very able doctor who primarily uses the mind for healing, whereas human doctors don't understand; in his opinion, the Agarthian way of reasoning is much broader than that of humans. He, in their 'dimension', has a physical body as we do in ours.

Amongst them are entities who are appointed for knowledge and education, like a ladle for transferring liquid from a saucepan to a plate.

When he was born the Agarthian colony already existed, but he doesn't know for how long. However during his period of formation – when he was 'filled by the ladle' – contact with entities and spirits different to them had been planned, therefore they taught him how to manifest himself, at least on a mental level.

While the Agarthian is interacting with EP he is not in an OBE; to compare in terms of our reality, it's like a mental state similar to a transmitting-receiving radio – he is not out of body. With their abilities they can get the same result without requiring a particular state of consciousness, which we need because we are more primitive. He doesn't say it to belittle us, but because he understands that we find it difficult to achieve certain mental states and that it is not a common thing.

As far as he knows, Agarthians rarely go to the surface, but if they do it's because – on a human level – a strong 'electric shock' is needed. They move and materialize using what for humans is thought. They don't use flying vehicles or transportation that humans can interpret as extraterrestrial, because they don't need them.

Although he knows little about it, sometimes there are missions in which one of them prepares to 'unhook' from his/her own physical entity in order to enter into, or not, a purposely materialized human body to undertake a specific mission. When asked if these bodies are grown technologically or mentally materialized on the spot, he replies that the truth is much closer to the latter: they materialize when needed, after which they disappear.

Earth's reality is characterized by four spatial dimensions and one of two-directional time and Agartha, which is partially matter, is shifted a little along the fourth spatial dimension with respect to our three-dimensional reality, so that its three-dimensional reality does not exactly coincide with ours, because this colony is forbidden to interfere with the physical matters of humans, and so they must remain connected, but also in some way separated from humans. They are not concerned with being physical; it seems to him that at the moment their influence is limited, weaker than, for example, during the Nuragic era in Sardinia.

At that time mental contact with extraterrestrial beings was a regular activity for those in charge of Sardinia, while today it is an exception. Lately this ability was slowly taken away from humans and now it is slowly being returned. He doesn't know, however, to what end. If we were to classify beings according to their potential, humans would be exactly in the middle, regarding both good and bad, making humans very attractive because they can have many experiences that are not possible in other universes. Human beings are multi-purpose: this is why many entities find them so interesting.

## **ALIENS**

There are not many aliens from other planets amongst humans; those present are here for research purposes and can be classified as positive.

The negative ones come from either outside or below, not from our dimensional plane.

Entities belonging to a third category of incarnated spirits can be considered beneficent, and these usually possess what humans call 'paranormal abilities'; they are like humans in appearance but are different internally.

Below the ground are the Agarthians and other primitive humanoid races.

Those from other planets are in water.

With respect to human DNA, he will state the little he knows and won't take responsibility for this subject. He wants to say that human DNA has been manipulated, sometimes by benevolent entities and other times by evil ones. Humans must forget the theory of evolution because, although he knows little about science, it wasn't the Agarthians but others, with whom – over the millennia – they were initially in conflict and later made peace, who modified the sequence of human DNA, because at that time they needed slaves. He knows from hearsay, but there were certainly at least two or three genetic engineering interventions in human history; some of them added senses, others removed them.

The sensitivity and possibility to be occupied by spiritually, morally, and intellectually highly-evolved non-physical entities, as far as he knows, given that he's not an expert on the subject, was given to human bodies with one of the latest DNA interventions, because they could not do so previously. Now human bodies can be occupied by low-level beings who incarnate into a physical body without even knowing what they are doing, as well as very complex and sophisticated beings who recall previous lives, or are even considered to be semi-divine like some Indian holy men.

To his knowledge though, at a certain point in time, manipulation by evil entities was permanently stopped; for them it is a relatively short time. It was an act of volition that slowly, over generations, blocked the possibility of negative intervention. It was a mental intervention that modified the DNA of existing people, causing a mutation which was then passed on to successive generations. As such, to his knowledge, over the coming millennia human DNA should, if certain objectives are met, increasingly reflect expansion towards good and positive energies. The ability of evil entities to influence DNA has been impeded so recently that negative effects will still be apparent for a while. According to him those entities can no longer do anything, but the effects of their work are still easily seen. For now he can't be more precise.

On Earth there are the 'good' and the 'bad', but in other far away places, in other galaxies, good has permanently won and it is trying to spread to other galaxies such as here on Earth. He doesn't know whether or not a 'good' galaxy will eventually face the contrast of a 'bad' one: it is too difficult a question for him.

Intelligent life is abundant in the universe, but it is not always based on carbon; the atom on which life is based varies depending on the galaxy, and its function is the same as that of carbon. Some systems have carbon, other have something else.

Agarthians co-ordinate with other entities who help terrestrials; they do it either physically or mentally, depending on the entity. Some can be encountered physically while others can't. There are factions locked in battle: the Agarthians themselves, with others, want a type of balance on Earth and battle against other factions who want more destruction on this planet, as if the negative faction wanted to exploit all of its physical and spiritual resources.

We can liken the Earth to an oil well: they only want to drain it, while the Agarthians want it to continue to exist and develop spiritually. They want to refine the crude oil. If the opposing factions were two armies, they would be more or less equal. The battle is based on the ability to obstruct the adversary. He believes that they – the 'good' – will win, because he says they have two or three secret weapons unknown to the enemy.

Extraterrestrial beings work together with the USA, Russian, Chinese, British, French, Israeli, and Japanese militaries; he was told this, but has never had anything to do with them. He knows that amongst these seven groups there are some who are 'good' and others who are 'bad', but can't say who is which. As far as he knows, some can be mistaken for Nordic humans while others, although humanoid, resemble frogs; there are also rather tall 'monsters' (from half a metre upwards – some resemble upright monitor lizards, others a praying mantis) and all of them are sensorially and spiritually inferior to humans.

This gives rise to their desire to 'parasitize' unfortunate humans who encounter them and 'voluntarily' offer their necks to the vampire, as it were. These beings also have a Subtle and Psychic Body like humans, and this is why they have so much power, but humans have something far more multi-purpose than they do – after the latest human DNA alterations to give them as much scope as possible – and they try to 'extract' it. This is why the planet is so interesting. According to him beings without a Physical Body belong to the 'bad' group and use reptilians and insectoids – to use human definitions – to 'pump oil' from the human well until it's dry. Some have created crazy theories around these abductions, but these beings simply have the ability to read people and choose the weakest and most vulnerable, who lend themselves to being 'crutches' in their daily lives.

Those in authority continue to deny the presence of extraterrestrials because, to his knowledge, there is a type of agreement – not entirely secret – after which, when certain signals appear in the world (but which he can't reveal), the reality of their existence will be officially confirmed. For now it has been convenient to deride and discredit those who study other worlds and other realities so that they can continue their plans in secret.

Lately there doesn't seem to be much official opposition to extraterrestrial flying machines, but the opposition remains regarding extraterrestrial beings, however this is only an intermediate stage; another two or three signs are needed, after which humanity in general can accept their presence without much trauma.

The so-called 'white mummies' recently found in Nazca, Peru – some with an essentially human appearance, others less – which also have 4 long fingers without a thumb and are covered in a white powder, are not human and could be, as far as he knows, from before or after the Great Flood.

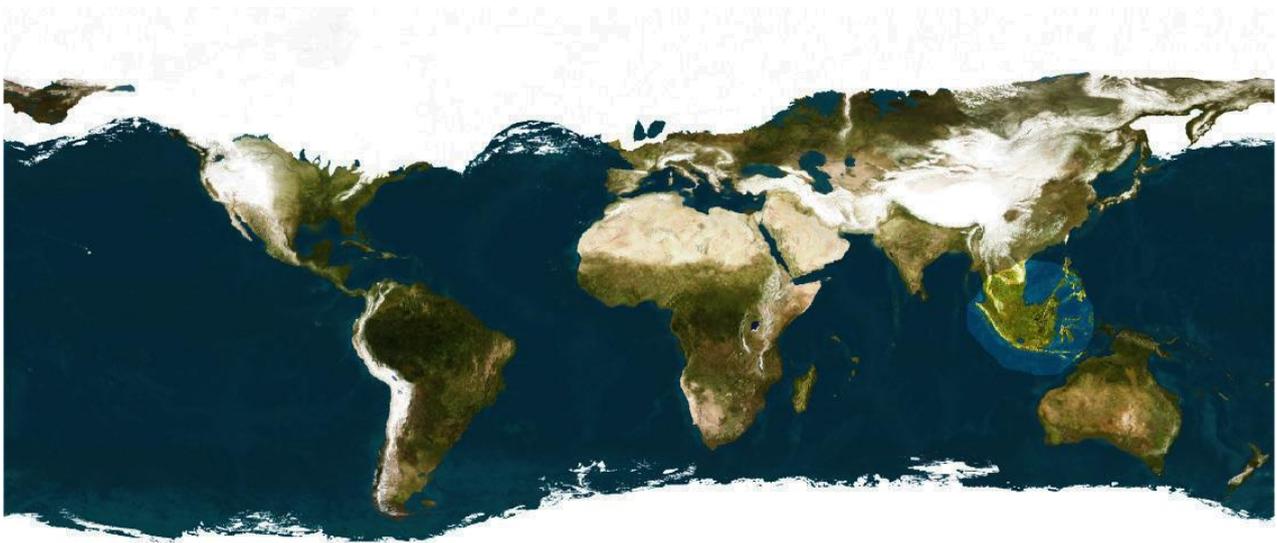
Extraterrestrial entities who have lived in Antarctica for a long time are benign, but humans with whom they are in contact (they seem to be Israeli), to his knowledge, do not have good intentions.

## PRE-FLOOD CIVILIZATIONS

Three thousand years ago very few still had a vague memory of it, but many millennia before there were other very advanced civilizations and they commonly made use of the aura, in that their knowledge in that field was much more advanced than today, before a Great Catastrophe destroyed almost everything. The fact that Earth is still alive represents the umpteenth attempt to see if this time it will work.

The aforementioned Catastrophe is linked to the last Ice Age; there has been almost ten thousand years of melting with huge tsunamis. They used water to sweep everything away; they were entities superior still to the Agarthians, who determine principal events. The Agarthian doesn't know the details but it seems, despite advanced knowledge, somebody let loose a negative energy that couldn't be hindered without destroying everything. To be exact, that somebody was not part of that civilization humans call 'Atlantis', because at the time there was more than one civilization; Earth was populated similarly to today.

Atlantis was one, and there were others, a bit like today's nations and continental groups; at least four or five main nationalities. All were psychically advanced and one of them – according to the little told to him – evolved to the point of attempting to be equal to these higher entities and so had, in human terms, excessive arrogance, to the point where it was prepared to kill the entire planet and delete it from the Galaxy. This is why it was necessary to destroy almost everything. That civilization was in present-day Asia, which was different to today. There apparently were more islands in the Indian Ocean and it was located there. There was more land in the Indian Ocean because the polar caps were larger and sea levels during the Ice Age were lower than now by at least 120 metres.



*The Earth during the last Ice Age. Highlighted above Australia is the subcontinent where the destructive civilization was located.*

The civilization at the beginning of the Cataclysm lived on a group of islands nearby and that is where everything was unleashed.

Earth was very different to today, but what today is Europe was occupied by less negative entities. According to him, this is why there are still memories in this area. The Egyptian and Mesopotamian civilizations are, in a way, relics of what existed earlier. The archaeological site in Turkey called Göbekli Tepe, which officially dates to at least 11,500 years ago (and the area has

artifacts dated to 14,000 years ago), was one of these civilizations. To his limited knowledge, the civilization in that part of the world tried for a time to obstruct the negative wave coming from Asia, but failed.

These civilizations possessed strong psychic and technical-scientific abilities, and in fact Göbekli Tepe was built partly using telekinesis and telepathy and partly using as yet unknown machinery. There are no buried remains of these machines because, he was told, they were eliminated through space-time channels; in other words, they preferred to delete any remains both psychically and physically to prevent them from once again falling into the wrong hands.

The disaster occurred because, to his knowledge, humans were competing with higher beings and trying to usurp them; they had acquired many superior abilities and thought they could compete. At one point it seemed that humans were defeating the higher entities, but the latter decided to employ two or three extremely destructive 'weapons' to eliminate the humans, who had effectively gotten out of line. Since they were benign, these entities had to think carefully about it and decided to exterminate when they truly felt threatened. It had already happened before, each time on the entire Earth.

The previous time was between 30,000 and 50,000 years ago. He wasn't around and can't be more precise; there was destruction, but he doesn't know any more about it. The last Catastrophe that destroyed the previous world happened between 12,000 and 13,000 years ago; one of the higher beings mentally dictated that the world as it was must disappear and the shifting of the Earth's rotational axis ensured it would happen; indeed, in order to destroy the previous ecological system, which required higher temperatures, it was enough to suddenly and violently lower the temperature in both the northern parts and the Equator.

At that time Siberian mammoths were suddenly frozen. The sudden shift of the rotational axis caused huge tsunamis, destructive winds, volcanic eruptions and the freezing of some areas of Earth. The axis shift was 2 or 3 degrees in one direction (high-low) and 4 or 5 in the other (right-left), therefore a total shift of about 5 or 6 degrees; today it is tilted more toward the Equator.

That population of the far east was pushed into the wrong direction by evil entities which for him can be compared to vampires in human literature. They cannot exist autonomously and so parasitize someone or something, either physical or spiritual. Their nature is both physical and psychic; they are the cause of many 'alien abductions'.

Back then, however, the responsible entities saved the planet – the same ones that destroyed it. Basically, the term 'responsible entities' means that they 'destroyed the occupying civilizations but not the planet itself'.

He did not witness the construction of the pyramids because he had not yet been born, but he knows the builders were one of the civilizations preceding the last cataclysm and doesn't know its name. They were a point of reference for those from space as well as from Earth. They were becoming a source of energy, a compass and energy storer, usable by whomever was able to. Now the system is totally discharged and luckily nobody knows how to use it because it is destructive if misused.

The technology used for the material components was thought, for both producing them and transporting them, and some of the energies present in these monuments was used extensively in the past and which today is called OBE, and is also used to develop physical and mental faculties. That area has absolutely nothing to do with death, but rather with producing supermen.

Since he is young (about 5,000 – 6,000 years old), he did not witness the flooding of the Black Sea; he has only heard talk of it, because amongst them are entities charged with geology and nature. He knows neither the date nor the cause.

Regarding Sodom, Gomorrah or Mohenjo-Daro and the possibility that they were destroyed by atomic explosions or equivalent weapons, he confirms that, with concentration, the atom can be split, therefore there's no need to think of technologies like atomic weapons – focused concentration is enough to produce radioactivity. There was certainly someone, many millennia ago, who produced those results in those areas, but humans are used to comparing their measurements with currently available technology, whereas there's no need to think in terms of missiles or atomic bombs; for Sodom and Gomorrah there existed other objects.

In India, however, they destroyed each other mostly using the mind. They had flying machines, but these did not cause any disasters, it was instead a type of radioactive laser beam. He was told that there were rays of different colours that varied the radioactivity depending on the colour, and using these they eventually mutually destroyed themselves.

To his knowledge, some current militaries are developing radiation weapons.

Regarding archaeological datings, he knows that current dating of the past is based on radiocarbon and other techniques, but he considers them unreliable; they are at the level of learning to read and write. In reality, an accurate dating requires taking many more things into account.

He is young and knows little about it, but from what he was told, before the last Cataclysm there was an advanced civilization in Antarctica. He brings up pastoral scenes that show the Earth's fertility. Antarctica was not covered in ice: it was not where it is now, but elsewhere and has since moved. The Antarctic civilization had also veered from the right path and deserved what it got. The shift re-balanced the Earth, a shift in Earth's rotational axis, but did not cause the freezing of mammoths in Siberia – that was caused by a meteorite hitting right there in Siberia. Traces of it remain but it is covered with water; he says it is now a lake. The meteorite changed the climate, but he doesn't know if it was enough to change the direction of the rotational axis. It threw up enough dust into the atmosphere to obstruct the sun for a long time.

Pre-flood people were everything but materialistic and knew much more than modern humans about the afterlife. It was this excess of knowledge, that we can't even imagine - derived from the Subtle Body, Psychic Body, incarnations, psychic powers and their use – that brought about their destruction. Some of those people had spacecraft; they were in contact with outer space and some of the 'evil ones' survived, emigrated elsewhere and brought their evil with them. They can return to Earth again to cause harm, as what we call UFOs.

To his knowledge, at least two types of UFOs who visit us belong to these ancient Earth civilizations. One population is comprised of blond people with light-coloured eyes and translucent skin. They have five digits and are essentially similar to modern humans but are 4 or 5 DNA alterations behind. After seeing the disaster, they seem to have been shocked and they changed from being evil to good, because they understood that the civilization's evolution produced that result, so they needed to change sides. He says they can now be defined as 'good'.

Another race is formed from hairless individuals with 5 digits who resemble modern humans but are 13 or 14 DNA alterations behind. Their skin is dark grey and hard, and don't have squama. They have large eyes and no ears. They are not too tall (from 1 to 1.5 metres and are neither good nor bad – he defines them as opportunistic. Basically, they do what is best for themselves. He shows the image of a being with large yellow eyes, a bald head, no ears but very acute hearing, small mouth and skin like a turtle, or a reptile but without squama. The 'turtles' fit that description and reproduce via a type of egg (they derive from a particular type of reptile, and so are effectively reptilian), but he doesn't know if the eggs are produced naturally through fertilization like our turtles or artificially in a laboratory.

The first race – the 'Nordics' – derives from mammals and their reproduction is a spiritual act of volition, through which a physical body is generated able to receive a certain 'soul', in a manner of speaking, but perhaps he is not authorized to say more. It is as if they know in advance who needs to incarnate and they prepare a physical body perfectly adapted to whomever needs it, contrary to what happens on Earth, where this is not necessarily so.

The 'Nordics' are at least 2 metres tall, but amongst them are taller races.

The spacecraft of the aforementioned people are not just discs, but have shapes that depend on their function. Those for living in are huge structures which to us would resemble submarines.

At the moment these races are rather distant, even if, according to him, a nearby advance guard of these 'turtles' is seeking to exploit the current situation in terms of both primary materials and psychic energy of the planet.

As far as he knows, the 'Nordic' on Earth can rely on humans willing to receive them into their bodies, as if a part of the Nordic's essence entered these humans, but he doesn't exactly know how. He believes the 'Nordics' don't incarnate into humans but govern a part of the brain to express themselves.

With respect to pre-flood civilizations, the removal of traces was not complete and scattered around the world there are still remains of these very ancient civilizations and even of contact with extraterrestrials. Their main origin was non-human and subsequently humans became involved through the alteration of their DNA. At the end, when the Great Cataclysm was unleashed, both kinds were causing trouble and it seems that both were equally efficient.

When queried about the last global Cataclysm that, as he himself states, seemed to have been caused by an intention, and about which it is said to have materialized as a technologically advanced sphere which penetrated Earth and made its nucleus 'explode', he replies that he knows nothing about that, is losing patience and wants more interesting questions.

## MISCELLANEOUS

### RELIGIONS

Buddha, Zarathustra, Jesus Christ, and Mohammed were in some cases humans aided by advanced spiritual entities; in other cases (Buddha and Christ) they were entities outside humanity who incarnated with a specific plan.

Jehovah was a human who was negatively influenced by one of the aforementioned negative entities.

Moses was the leader of an army rather than a spiritual leader. He was partially driven by a spiritual mission, but it was mostly a desire to seize land and establish his power. The Agarthian says that Moses was very ambitious and had a thirst for revenge. He was half Hebrew and half Egyptian. Although he had 'paranormal' abilities, he used them improperly.

Jesus Christ was not actually married; it's complicated... In practice he had a companion who was called... Magda... (*Mary Magdalene*). They had three or four children who survived him. His human part – his likeness – did in fact die on the cross. Since he was a higher being, he could do things others could not, and in some way he was able to re-acquire his body with what Christians call resurrection: he used a technique unknown to Agarthians. All he knows is that there are advanced entities who can enter and exit bodies at will.

In modern terms, his task was to re-awaken consciousness and send a message of love that is present in some Asian religions in a more complicated form, and so he simplified it by reducing it to universal love and compassion so as to make it accessible to everyone without the need for detailed study. He had studied Hebrew matters; since he was a higher entity, he already knew the other things. It may be untrue that he studied in India, as some say. The Agarthian has never wondered whether Jesus was actually the son of a carpenter or of noble birth. Events after his death were more or less as recounted; Peter and Paul took over.

Regarding the Holy Grail, he heard about this legend but knows nothing about it.

When asked if religions can ever be overcome, he replies that there isn't one that is better than another – it is important to understand that all religions contain a system of power and that to improve the world people should concentrate only on the spiritual aspect of a single religion. He remembers that the scales must tilt at least a little towards the positive side. He believes that religion, as we commonly know it, is only an appearance: its essence is something else.

### WORLD MILITARY SITUATION

The USA, China and Russia are not at the moment militarily balanced because one of them secretly advanced more than the others; he says it's the Chinese due to something they obtained from Tibet. Indeed, they need to keep that mountainous area – very near to him - under control for the purpose of world domination. The Chinese are very ahead above all from a technological-military point of view, whereas the others are not. He also says they were the first to exploit mental abilities that we are investigating and they are now very advanced.

Regarding videos that appeared many years ago on the internet and carried out by the Chinese, of objects heat-sealed inside transparent glass bottles which came out through the glass, he says that was nothing compared to what they can do now. It seems that a 'dark' faction is teaching them many things to which they are receptive, in a negative sense. The Tibetans hid their most important texts and the Chinese will never find them because the Agarthians intervened to ensure they are never found; indeed, if these texts fall into the wrong hands there would be another catastrophe like the previous ones.

Amongst the Agarthians are very talented people, comparable to our secret services agents, who mentally prepared these entities to completely secure this knowledge, rendering it totally impenetrable even by very able and active people like what the Chinese have.

The military is not his field, but he has heard that there are armies on Earth who have free-energy and anti-gravitational flying machines.

He knows for a fact (and from hearsay about another two or three) that there is a terrestrial base on the far side of the Moon. He knows that a few years ago there some humans made themselves available for contact with aliens. The base is still there. Traffic between the Earth and Moon is via American anti-gravitational machines, while the Chinese do whatever they want on Earth. Only the Americans have gone further. The Russians, in a way, have been excluded from this battle, and so have become conquered territory by other 'dark' entities.

He has heard about chemtrails and HAARP, but it is the purview of his 'colleagues' who deal with geology and nature. He knows that both are very negative for Earth and his 'colleagues' are working to limit their deleterious effects. This too will be made public in the future. For now we are not authorized to contact these colleagues – perhaps in the future.

## OTHER TOPICS

Astrology as a discipline was introduced in the Middle East a long time ago by an Agarthian. Rather than causing events, planets emit energy and vibrations. They were purposely put into the solar system to emit energy at various levels and, in some cases, they catalyze some events. Ability in this science (*he calls it that, like physics and chemistry*) enables one to describe individuals and predict events.

Morphogenetic forces exist if they are well funnelled into bio-cellular matter and act independently of gravity and distance from Earth.

The four elements spoken about in the western culture and the five elements spoken about in China are symbols which, if meditated on enough, can bring about higher knowledge. The numbers 4 and 5 were chosen according to their impact on the specific culture to which they were directed.

We often hear "vibrate at a higher frequency", meaning that it is 'better', but this is untrue given that time does not exist. We can say more or less 'energy-rich', or more or less 'white', or more or less 'bright', or even more or less 'pure', but not 'higher frequency'.

As a matter of principle, stimulating chakras with the mind is like boiling water, but it must be said that there are many chakras and that they are not equally open and developed in everyone; some stop at the third or fourth. Few reach the seventh... The sixth represents paranormal abilities and that is the problem: while EP and LP also have the sixth and seventh active, most humans barely touch the sixth. Many, who are humans but horrible beings, don't even get to the third or fourth and it is obvious from their behaviour. The term 'heart of stone' means, in fact, not reaching the fourth chakra. Agarthians consider those who talk about 'opening chakras' as charlatans. Since there are many chakras, it is important to first understand which one is actually unbalanced; the image of 7 chakras is overblown and inappropriate.

Regarding the Ica Stones (Las pedras de Ica), he says there are two groups, possibly even three. Some, the apparent 'original' ones, are kept hidden and essentially represent the reality of the planet two or three Great Cataclysms before the last one. Others, as far as he knows, are only a poor reproduction and alteration. There are still truths about these stones yet to be revealed. A political, government body keeps them hidden. In the same way that today we can talk openly about extraterrestrial mummies because the existence of other worlds is taken for granted, so in the future, when more will be known, we will also be able to talk about manipulating spirit and matter, as those stones suggest. As for those depicting humans alongside dinosaurs, some are authentic and others are not.

On the Earth today there are some castes who possess so-called 'strong powers': they perpetuate neither genetically nor meritocratically, but through a type of attraction between entities with a common goal and therefore they incarnate and find each other, and constantly pursue this goal of dominion that binds them. To his knowledge, amongst their elders there are those who vigorously oppose it because the scales, at least to some degree, have to tip towards the good side, otherwise the story will repeat itself for the umpteenth time and the planet will implode. Those who make all the decisions, above institutions, to his limited knowledge, are humans manipulated by one of the pyramids of beings mentioned previously, but a negative one. They stop at nothing to plunder the planet. Other 'spirits' from other pyramids, who intend to 'save' the planet, oppose them. At the moment the situation is constantly precarious, even if, as he says, there's no doubt that 'good' will win.

In terrestrial terms we can summarize the difference between the 'good' side and the 'bad' side by stating that the 'bad' side is egotistic and the 'good' side is altruistic.

It's true that some governments are building underground shelters in view of an impending catastrophe, but it's also true that they and others are working against those who try to obstruct that catastrophe. If it comes it will not be the fault of Nibiru or some other external cause, but of the planet's very low morality, and there will be no need for a meteorite because we can do very well on our own.

When asked if there are underground Earthquake-proof tunnels that also connect different continents, he replies that he was also told this but, being young, can only confirm having heard that some pre-flood civilizations built them, however he doesn't know how or why. Furthermore, as he understands it, back then the Earth was different and he suspects intense use of psychic abilities were used to make those tunnels.

He doesn't know who Dante Alighieri was.

According to him, Leonardo Da Vinci was someone who was given some extra powers to broaden human knowledge but failed because he spent too much time on war machines. He shows beautiful images of drawings of war machines to which Leonardo was very dedicated, either out of necessity or passion. The purpose of his incarnation was something else and he didn't complete it, despite his immense talent.

Regarding Christopher Columbus, it's obvious that someone else had reached America before him, but doesn't know who and, since it is only an historical-political matter, doesn't interest him.

To his knowledge, it makes absolutely no sense that when a new member of a family is about to be born, another must die to balance the energy. If that family is the appropriate environment for someone's incarnation, it will happen. An example is that of very large rural families.

When asked: "Some say that the centre of the Earth has an iron and carbon crystal that spins in the opposite direction to the mantle – is it true or not?" He replies that there is something, but not made of those elements; it's something similar to diamond. It seems able to rotate in both directions and currently spins in a way that makes Earth orbit around the sun as we know it, but it seems this direction either changed a long time ago or will change in the distant future. It appears that Earth changes its orbit, and therefore also its climate. The Earth and other planets are kept in their orbits around the sun by a type of quantum level like the electron around a nucleus.

It is will that keeps the system in balance because it's important on a moral level for this solar system to continue to exist and remain open for experiments at all levels, being in a central position and as such ideal for this purpose. Indeed, there is an increase in events that condition humanity towards one direction or another, as if things were deteriorating. There are opposing forces who compete for this 'intermediate' planet and have a sort of tug-of-war; the 'dark' faction does something which is quickly counteracted by the 'white' faction. He doesn't know exactly when, but the moment when this 'middle' planet will be forced to choose, at its inhabitants' general level of consciousness, which side to take is approaching.

Everyone must look inside themselves and think more about their actions – from a higher ethical perspective – rather than only their pretty immediate concerns. Even though it appears that the vast majority of individuals living on Earth have a low level of consciousness, it is not as low as the continuous barrage of negative messages would have us believe, and this is confirmed by what neither they nor him know – or maybe he does and refuses to say.

Some say the Earth is flat, but obviously it isn't; it can only be so for those who are ignorant of certain physical principles and whose vision is limited.

When asked: "Some say humans are forbidden from travelling beyond a certain distance from Earth, because there is a type of barrier to prevent it. Has man really been on the Moon? How did they get there? Do space probes really exist?" He says he doesn't know what to say because these topics don't interest him and doesn't want to talk about them. He advises against asking these types of questions.

In this dimension the Tarot and the pendulum are like switches that turn on a signal the basics of which we already have, and like enablers that simplify the situation, using either cards for predicting the future or the pendulum to elicit information.

THE AGARTHIAN NO LONGER WANTS TO HEAR PRIMITIVE QUESTIONS, he considers them childish curiosities such as those about catastrophes, cards... he wants to potentially talk about, as best he can, the historical and natural evolution of this planet, but not silly things like the nature of a certain book or if there will be a third world war.