

# HYPNOBE CHANNELLINGS – DIALOGUES WITH ANTARES

Meeting the Agarthians by Daniela Del Carlo in hypnotic OBE

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## INTRODUCTION

The following is the result of four sessions, as at the 18th January 2018, totalling almost 2.5 hours, with an 'Agarthian' entity channelled by DDC while in an OBE induced hypnotically by Luciano Pederzoli. These sessions represent a true link between the similar previous ones with EP and the later ones with NR.

The procedure for inducing an OBE via hypnosis is described in the article "Guide to OBE induction" (<http://www.evanlab.org/wp-content/uploads/2018/03/A-GUIDE-FOR-OBE-INDUCTION.pdf>). This technique is distinct in that it allows contact with non-physical Entities by people who have never done this before, as well as a dialogue – in this case also indirectly, in that DDC acts as the 'interpreter', as with EP previously – with the channelled Entity, resulting in actual interviews about various topics of interest to the questioner and colleagues.

The contents of these interviews have been grouped into topics for ease of reference and are not in chronological order. They may be updated in the future if these sessions continue. As a cautionary note, even though the channeller, interviewer and other author of this work believe that these contents derive from an actual non-physical Entity, readers should bear in mind that they may also be the result of particular as yet unknown mental processes of the channeller and/or interviewer. The authors therefore suggest readers assess the contents based on their informational value rather than taking them as absolute truths.

It is however beyond any doubt, also from taking into account EP's experience, that the phenomenon is perfectly repeatable.

**NB: The text is a faithful account of the statements made by the "Agarthian" during the dialogue and of DDC's descriptions.**

# STRUCTURE OF REALITY

## TIME

According to the Agarthians time does not exist. The deeds they are doing are not in succession – they are simultaneous. Even though we see a numerical sequence, it's not really there. There is a passage from one moment to another, but which are actually simultaneous. It's probably like many transparent sheets, many realities: perhaps this is the other dimension referred to. It's as if for us the sheets were time, but it's not time that passes, it's the 'transport' from one reality to another. It's not a temporal sequence, but rather a spatial one. We go from one transparent sheet to another and it appears as a movement of time, whereas it's a movement of space.

It's like moving from one tile to another on a huge tiled floor, and so it's a spatial motion, not a temporal one. We interpret it as time because there's a sequence: they don't know time, it's not needed, it's not there. It's not just that their situation is always stable – the Agarthians live all their situations simultaneously.

Time doesn't exist: it was introduced so that things would make sense. When asked: "If we need to examine an ordered sequence of stationary states, this means we have a limitation: we are able to examine only one thing at a time. Does the Supreme Being also have this limitation?" Antares (the Agarthian) replied that he doesn't know – we'd need to ask It.

## SPACE

According to the Agarthians there are six spatial dimensions. This means a huge number of universes, so much so that it was as if DDC were above clouds that parted and revealed more layers of clouds, all of them parted, and in each cloud layer there was one of these universes. Each was wedged into another; she made a hole and could see them layered, each inside the other.

To help her understand four-dimensional spatial reality, Antares made her climb to the top floor of that house and, while climbing, the roof opens fully and from there she sees as if she's under the sea and in the sky simultaneously, and can also see through everything (*this is what four-dimensional space looks like*).

Compared to the other three, we can think of the fourth spatial dimension as perpendicular to the intersection of the axes. This axis is like a bisector – starting from the centre – of all the angles (formed from the axes). This fourth spatial axis is a type of zoom lens, magnifying or shrinking: DDC can see images as either large or small, and can even 'enter' inside things. It's like seeing a thing from many views simultaneously, simply because it's totally 'transparent'.

The analogy of a concave eye with a spherical pupil surrounding reality, in which the pupil becomes larger or smaller to see the infinitely small or large, is not exact.

Antares takes DDC to a lake and says: "Look at how different this view is." And in fact she sees the lake as if it were upside down, or better yet, sees the lake's surface from above and also from below, in the water. She sees it very naturally. She sees the lake from above, in the usual way, then suddenly sees it from the inside and apparently it's not she who is moving, but rather what

she's looking at that moves, and she sees it 'overturned': it moves however she wants it to. She sees it from inside the water and therefore sees the rocks at the bottom. She can enter the rock to see what it's made of. She can even enter a water molecule.

Going from extremely small to extremely large, she saw everything shrink and then saw many spheres, each inside another, but not concentric. They appeared as if before parallel planes and then they 'swelled', going from two-dimensional to three-dimensional and then to four, because she didn't only see one of the three-dimensionals, but all the others too, in two-dimensional form. They seem like many superimposed sheets of paper: when she looks at one, it becomes three-dimensional.

## THE ETHER

Accepted scientific theory says that space in our universe is empty, but that's not true: DDC saw it immediately as soon as she exited her body (*in fact, it was during an OBE*). It's like there were a multitude of round filaments, like the circles formed when a stone is thrown in water. Some are even more knotted, each one inserted into another. They are energy forms that materialize, and then turn into reality. They are many interlaced rings on many levels. They are circles, but pointing in every spatial direction.

This space allows for zero-time communication, provided that there are filaments connecting two points, otherwise there's nothing. There are many filaments in space, but there are empty spaces between them. If they touch, there's immediate communication, otherwise there isn't. As she speaks, new filaments are forming that touch others and connect to them. They remain stable as long as there's a thought to sustain them. When the thought disappears, however, they remain, so when all possible thoughts have been created, space will be full of filaments.

When all the space in the universe is full of filaments, all information within it has been extracted. At this point it's time to begin again; this universe will have completed and another is required, which will be created automatically. Those inside that universe will be unaware of it – they will only perceive a dimensional change. A change is about to occur now on Earth. A dimensional change: it will occur soon, within one hundred years in our time. We will be able to see something... It will be a change for the better – they are always positive changes. Everything formed in this extraordinary mind is always positive, in every case. Negative experiences are part of the change.

At the moment it's not possible for us to take advantage of the ether, however everything produced from one or more minds is clearly usable by the producer, as long as the process of creation is remembered. The trick is in understanding that we created it and then deliberately forgot, in order to expand our awareness in this reality. If we were to remember, we wouldn't create the right way, but in a way that suits our temporary egoism, our will, and therefore obtain nothing: we would go backwards.

## PHYSICS

To exceed the speed of light, a physical object must lose its normal characteristics, because those same characteristics are determined by light. It's practically as if reflected light makes this reality possible and visible. In the moment that the speed of light is exceeded, there's the risk of one reality disintegrating and creating another. It's not the speed of light that is exceeded, but what is seen from that light, the world which is based on light and its speed. Perhaps in another world electromagnetism is different – has another meaning – and yet another world could be based on

thought, which clearly is indifferent to the speed of light... these are different 'dimensions'; the dimension changes depending on its representation.

If a world has developed totally based on thought, the typical speed in that world is that of thought, therefore existing objects would change at thought speed. If it's based on light, obviously the typical speed would be that of light; in that 'dimension' it would not be possible to exceed light speed, otherwise one would travel to somewhere else. Each time a barrier is overcome, things change. There can be a thought reality or desire reality – which is a type of thought projected into the future – or that of memory, a type of thought projected into the past. Beyond the speed of light is another 'dimension' and to return to the original we need to know how, but the process is reversible.

It's possible to go back to a different point in space to that of departure. It can be done once the technique is learned; perhaps upon return we find ourselves in a slightly shifted 'dimension' compared to the original, because in the meantime things in the original reality have changed, and so it's very difficult to return to exactly the same 'dimension' as previously. It could be a different branch. Overcoming the speed of light and subsequent return cause spatial orientation problems. Re-materialization, perhaps in a different place, occurs in zero time, but what will be found is unknown; it could be a totally unexpected situation. It's difficult to land in the same place.

Zero-time communications are possible across the ether and this allows synchronization at a universal level, and in fact the mind can travel in zero time, therefore everything happens in zero time. Which reality is changed? Which reality is it? The one we portray to ourselves. Yes, the situation we made ourselves live here, but we modify it here and in other dimensions; if I change the reality here, I simply find myself in another 'dimension'.

# UNUSUAL ABILITIES OF THE MIND

## BEYOND THE FIVE SENSES

Those who currently live on Earth right now are the most varied and have the greatest variation of ethnicities, within which are the most varied beings: if we could see them as they really are, we would be frightened. Some can see, but at the moment there's no way to improve these abilities because it would be harmful – the shock would be too great, and couldn't be endured. All these beings are here and that's it – they are part of this thought, don't come from anywhere and have always been here, it's just that humans don't have the means to perceive them. They will become visible when humans' perceptive abilities improve. Gradually, however, humans will get there.

We can read some of others' thoughts. It depends on what the other is thinking; we can 'feel' what relates to others, but not what is strictly personal.

To do research in the field once defined as 'parapsychology' it's necessary to allow our senses to change; every time we perceive something new, we are frightened and push against it. We must stop the fear and understand that in every moment of our existence our senses are evolving; they are changing as we become more perceptive. We must especially concentrate on hearing, sight, and also on the 'sixth sense': there is much more beyond the sixth sense which should be given attention, and not discard perceptions based on pre-conceived beliefs of what should be possible. We shouldn't let ourselves be slowed down and held back by our beliefs. For example, if we perceive to be levitating, we should let the body levitate, but instead we block it. We must share and form strong chains between people such that, with this coming together, these perceptions amplify; we should emphasize telepathic communication and, gradually, train people to do it.

We must continue to research, to understand by continuing to also look at the past, through the literature left to us, what has happened and how things can be changed. We can dig out something that was in the famous Library of Alexandria or go and look at what is in the Vatican Libraries, where many interesting things are stored. We can go there in a regression... or read it during an OBE. In the Vatican too we can only go while in an OBE.

## PSYCHOKINESIS

For now, psychokinesis is also prohibited to terrestrials. The Chinese have managed to perform telekinesis because there are evolved beings amongst them who, however, are not part of this world, because at the moment there are many beings who are not of this world, such as masters. They are not all positive masters, some are negative, but there are always more positive masters; the desire for light and knowledge is always greater.

Those of a very low level are either remnants and will slowly evolve, or will disappear of their own accord; if one of them improves, he will live forever, but if he worsens, will eventually disappear. There is only one parameter in the entire universe to measure improvement, and it is love. Love illuminates everything and is an absence of egocentrism, egoism, and profit. Awareness will come when there's love and without awareness there can't be love. Awareness that is also knowledge in the full sense. Love is total knowledge with the added helpfulness towards others, up to the

dissemination of what is known: strive to know more and share the knowledge with others so as to make them grow.

With respect to telekinesis, he says to continue trying because we will eventually get there; try, try with belief... Try to detach from material will – don't try to force it to move, let it move itself.

## AGARTHI (AGARTHA)

### FIRST MEETING

DDC is at the top of a mountain; clouds prevent her from seeing below. It seems to be a mountain in China. It's a very high mountain surrounded by other mountains. There's snow at the top. It's a chain of mountains and this is the tallest. It appears to be the Himalayas.

There's a hole that she enters. Strange, the mountain is opening under her feet and there's a stairway in the ground, all around as if it were carved into the side, carved out of the mountain in a spiral shape along the side. It's an extinct volcanic crater. There's a light that shines only on what is needed and moves with her.

At the top of the stairs is a figure that looks like an elderly Japanese man with a long white beard. He's holding a curved cane and says he is the custodian of the access door to this crater. To see and understand, DDC must descend. The custodian lets her pass and she starts to descend. He warns her: "Careful what you step on". She watches her steps... The staircase is narrow and sometimes there are stones and obstacles, and there are also marbles... it's easy to slip. She slowly descends to the bottom.

In the centre of the staircase there's a cone of empty space with winged figures flying around. They look like big bats – the face is human-like, but they're animals. Their wings are black and bodies are dark brown. They can't touch her because she is wrapped in a bright whitish-blue mist with golden edges that totally protects her. She descends and her appearance changes: it's still her but she looks 40 years younger. She's dressed like the day of her first wedding.

As she descends, her golden casing strengthens and finishes itself; around her everything has a gold hue. She descends and feels like she is at home. She shivers. This place is called 'My house': they are the large, wonderful meadows of Agarthi.

The custodian remained at the top of the stairs. DDC mentally asks him if he can send someone to show her the way... A man is coming, younger than she is, with black curly hair, dressed in white, and approaches her. He's rather tall. He takes her hand... He has six fingers. His eyes are huge, like small lakes (*therefore blue, A/N*). His skin is amber.

He takes her by the hand and says that she must recognize him: he claims he is her brother and that she left this place, but is his sister. He says he will now accompany her home... They are in front of a house... it appears made of overlapping roofs, somewhat oriental. There are steps at the front. The facade is red. It seems made of wood and straw, all natural materials. In front of the door there is a large basin full of water with two dark-coloured fish; it reminds her of feng shui, according to which it's good to have a fountain with fish near a residence.

They are entering the house and a woman approaches: it's her mother from her current life (*deceased for years*), not from other lives. She's young and dressed in blue. She hugs DDC and says: "Welcome back". DDC asks her what she's doing there and why her mother never mentioned already having been here with her. Her mother smiles, almost laughing. It's a very specific place where people live a beautiful, harmonious life, like in the ideal city.

There are many children in this house. There seems to be one who resembles M (*her youngest son*) when he was little. There are other people too: she thinks she sees LP amongst these children, when he was a child. All the children's faces look familiar, and she's wondering why she sees them like this, as children. The answer is: "Later we will grow up, when it's time." Her mother keeps these children together as if she were a teacher. Not all are her children – they are beings of light. This reality is in another dimension, but it's very very close to ours. They know the Supreme Being as we would know it, in that they too are always evolving, just like the Supreme Being, and so are far more mentally evolved than we are.

## SECOND MEETING

At the entry there are images on the rock that look like hieroglyphics; like a small version of the pictures of Nazca (*Peru*). The door can't even be seen. It opens because DDC has already been here. There's the usual custodian. She puts on her protection and descends. This time it's darker and the light that followed her the previous times is not present. The custodian says they had to prevent a detailed view – they have to be more careful. We can say they had to increase concealment...

The custodian helps her and she manages to reach the bottom. There are children there. Little beings who take her hands from here and there and play. They are not those her mother was looking after, these are different ones.

DDC asks if they know something about Earth's future and they say they are already protecting themselves. They speak of a change that could be for the better or for the worse, depending on how we see it. There's no need for fear, but we must stay calm. It seems like there may be cataclysms, and in reality it will be nothing serious. DDC asks about the pronunciation of this place and they say either Agarathi or Agartha.

She asks about Agarathi's social organization; it's a form of democracy, but functions on the principles of generosity and love, and sharing: they share everything. Oligarchy is a more correct term, because it's not always meritocratic, in that a meritocracy is having someone in charge who is deserving; sometimes this doesn't occur and there's a hereditary line, but since everyone shares everything, it's easier to keep those not up to the task under control because lying is easily exposed. There's always a group in charge.

Occasionally some will be appointed to go to the surface and be amongst humans by occupying a biological human body; when a human is born, they enter into the body. They can even enter up to five or six months after birth. Anyway, humans have a Subtle Body – they are predisposed to receive, like a computer free of operating systems. DDC asks how long, in our years, Agarthians live for, and the reply is: as long as they want, there are no limits. They can lose the material body, but continue afterwards; when the body is about to end, they re-create another or come to the surface. For them it doesn't matter, the Physical Body is only a case, a suit to put on. DDC is tempted to say that the bodies are always the same, which is inaccurate - there are differences, but are difficult to discern. This is unimportant though, because they can change their Physical Bodies whenever they want; they create them either sexually or artificially, in a laboratory.

Compared to the Agartha described by EP, this seems to be in another place but still on Earth; however essentially nothing has changed, the appearance may change, even depending on what DDC perceives and what LP perceives while listening. Maybe it's all an illusion... dimensionally it's a little shifted with respect to Earth.

## THIRD VISIT

The custodian greets confidently, he knows her by now... This time the descent is a sort of slide. The 'bats' with human faces are not here. She descends very quickly down a sort of curvy slide that's like a very long sequence of vertebrae and there is what looks like fire on both sides – yellow-red flames without heat. At the destination the fire is gone, it was only present on the way down. This environment is peaceful: there's green and what looks to her like a cross-shaped landing strip, with two arms at 90°, one longer than the other. Nobody is waiting for her, it's empty.

She calls Antares... he's coming. He confirms it's a landing strip for small Agarthian spacecraft. He is holding a device that he uses for something. DDC asks if he knows that LP is in contact with someone who calls himself an 'Agarthian', and specifically 'a custodian of Agartha'. He says he is aware of it and knows who it is: it's the 'custodian of the Agartha library' and brings her exactly to that library. LP complains about that custodian's reluctance to supply information and asks if it's possible to hasten the teachings.

Antares replies that his own duties are different to the custodian's and the custodian behaves this way just because of what he is and, like all custodians, says little. He then says he will try to talk to him, being DDC's brother... LP adds that the custodian never fails to remind him that humans are backward, however, just between us, he claims to be only 5- to 6000 years old, so very young, but his behaviour is very childish compared to us. LP is over 70, which is a lot for us, and when he talks to this custodian he seems to have vastly more experience than the other who is about 6000.

Antares replies that we should understand that the custodian has been tasked with a very important role – the library custodian is a huge investment because he guards knowledge – and he is proud of the role he was given.

His development is different to humans because humans have a shorter life span and must therefore grow faster. Antares adds that custodian has a not easy character, and he really exists, he's not showing off and has a particular personality. Seeing as sometimes LP has the impression that the library's custodian has a limited education about some things and can't express himself (has a limited view of things), Antares says that if we want to empty the contents of a barrel of wine using only a small bottle and a funnel, we need to tilt it carefully and fill the bottle and empty it numerous times, otherwise the wine would all be spilt. His 'colleague' does precisely this. He can't tell everything to anyone who asks, or he would not even be heard.

LP says he will ask Antares questions that the library custodian wouldn't answer because he considered them too banal, thus proving his very limited view of things. LP asks if Antares can read his mind to any degree, or not at all, and he replies that he can read it partially; he shows a series of portholes and says that when he looks in one direction he can't see in other directions. Antares confirms that Agartha is 'detached' from our dimension: it's there but isn't. Sometimes it is closer and sometimes farther, but it's in another dimension.

## ALIENS

There are some very ugly entities inside humans, that come from all over. The 'beautiful' ones are from other planets apart from Agarthi.

When asked if there are other forms of life in our solar system, the answer is: around us there are so many dimensions it's impossible to say. In our current dimension, for example, the moon has been inhabited – or rather, conquered. The first to go to the moon were the Germans, according to Antares, before something happened to impeded it. Now there is some sort of hindrance, outside the Earth, introduced to somehow protect other planets and in a small way the whole universe, but this hindrance is about to break; this will be the great change. After that, terrestrials will be able to move freely in space. Physical journeys will be made by those who are equipped for it, perhaps the Chinese. Since traditional propulsion doesn't cut it, they will use anti-gravity propulsion.

Since exceeding the speed of light will bring us into another dimension, if they want to enter another dimension they must overcome that speed. The necessary mathematics is already common on Earth; all those who run the world have it. They will decide: there is, however, a group above everything, a group that runs everything, that does as it pleases. It is frightened only of people and can annihilate physical defences.

We can only defend ourselves from it if we form a critical mass – by taking apart everything that has been constructed. Ironically, the only person so far who has done it was Hitler, because he knew what a critical mass could accomplish. He wanted to do it with those who had the mental power for it, this ability to come together in the same thought. He first tried to control people through inciting hate towards someone... He was mad, but he had sensed important concepts.

The change that is coming concerns a new different view of Earth from the outside: the ability to physically see things we couldn't up to now. Some important realizations are on the horizon. What we are doing will try to create a critical mass to give people the urge to change things. There are many difficulties ahead, because of an opposing force. Everyone behind it senses the presence of a new thought: they are trained in telepathy and other forms of perception. This critical number is building: many are becoming aware, but its formation is not a certainty. If it doesn't happen, we will all become 'machines' in which to live, clothes to put on by whomever wants to.

Those in charge of the Earth, transforming everyone into machines to use, would have the advantage of many slaves on hand, usable by beings under their control. Those in charge are few – around 150, endowed with highly advanced mental powers. They are secure in the knowledge that when they die, they will be replaced by others equally efficient. Antares can't say who gave them these great mental powers – whether they learnt them independently or were taught.

The Agarthians see Earth's current military situation as useless – there are no defenses. To humans the three biggest military opposing powers are the USA, China and Russia, then there are the two economic powers of Europe and India, but it's only partially true: there are other non-terrestrial powers, in a nearby parallel world and can enter our reality without using spacecraft or other machines, and are superior to the Agarthians. They want all human energy, and so are not benevolent. Agarthians are trying to prevent this from eventuating, but they no longer have much power. These who want to take away energy from the Earth are the same as the controlling group of 150. In the Agarthians' opinion, the situation is not good.

Our moon is artificial – it was made a very long time ago by beings whose appearance was similar to the ancient Egyptians. Their bodies seemed golden and had webbed hands and feet. Their heads were very elongated; the pupils of their eyes were like those of cats, the nose was virtually

two holes, the mouth was strange and they had very high cheekbones. Inside the moon is partially empty, a real physical empty space that is used to store equipment. These have been abandoned, there's little left but some of it still works, such as the gravitational control of tides. These beings who created the moon seem to no longer exist and they have not be substituted.

The two satellites of Mars, Deimos and Phobos, are also artificial and empty, but are more active than the moon, almost as if they still had somebody running the motors. There are many people inside. They are very different to us: they resemble reptiles, small animals... They are shapeless, like annelids, even though they have arms and legs, with no tail. The head doesn't even seem like a head, but a continuation of the body, with two small eyes.

They don't care about terrestrials, which are considered to be innocuous unimportant beings, the way we consider a flock of sheep – to use if needed, but otherwise leave to their own devices. Unlike us, they don't have a Subtle and Psychic Body. They are like robots. Their origin is unknown: they are partly from our dimension and partly from another. They are similar to those jelly-like creatures from Sci-fi movies and can come and go when they want. They seem to be of other dimensions. They come and go in their bodies and travel without physical means. They are confined to those two artificial satellites. There they study, collect materials... It appears they have some sort of factory in a continuous cycle, with machinery. It sounds absurd, but they seem to be those who create our reality: like if with that machinery they create a hologram we are part of and where we have our 'soul' experience. In this hologram, the experience is our choice, differently to them who are there to continuously create this reality.

According to our knowledge to date, we have a Physical Body, then there is the Subtle Body, which functions as a channel, a Deep Identity, which is the memory of our lives, and finally a Psychic Body, which can join with other Psychic Bodies to form a 'pyramid'. These beings, however, are a part of another pyramid and have nothing to do with us. They create the reality we live in and we can modify it, but up to a certain point. Our future, therefore, is not pre-determined, in that we are always confronting obstacles and we also create them amongst ourselves, a bit like a video game, and we are free to deal with them as we want, but we must deal with them...

## PRE-FLOOD CIVILIZATIONS

On one side there's a book with a golden cover and a huge buckle. The 'curandera' (*a sort of shaman*) opened it by chance. Inside are rather baffling representations of a huge flood. Water, water, water... it's a cyclic thing. It happened and will happen again. The last time was about 11,000 years ago. Before that time on Earth there was a 'terrestrial paradise': a structured, highly evolved and harmonious civilization. It was destroyed because irreparable conflicts had arisen; competition began, between themselves as well as with other worlds. Aggression...

Those responsible for the cataclysms were several: Earth was one of the most penalized places because there was more competitiveness, but other worlds were punished too. They were more visible, as if we had been pushed into another galaxy and totally isolated. We were sent to confinement, like criminals in the past. Earth changed its physical position: it entered another galaxy, was confined and active communication was impossible. The terrestrial axis of rotation shifted, but that's the least important: more important is the fact that Earth was shifted into another galaxy (*in reality a rapid shift of the terrestrial axis causes all types of cataclysm, including tsunamis, and could be the true cause of the disappearance of entire populations*).

Everything shifted: the sun, moon, and Earth, the solar system including planets. Rather, it was the planets that had not entered the conflict. Some didn't, and others were annihilated. It's not true that Neptune, Pluto and Mars had no intelligent life: they were 'extinguished' and life was removed from them. This is why sometimes there are traces... The cause of everything was the battle for power: as co-creators, we humans do everything, but we are afraid of acknowledging our power. We punished ourselves, after having generated the destruction.

Those who had an advanced civilization built monuments: at the moment on Earth we have the Pyramids... and other monuments; there are many under the sea, all scattered everywhere, some we see and some we don't, because we assume they are mountains. Even in Italy there are fake mountains. If we make the mental effort, we can recognize them. An important one can be seen on the highway towards Milan, in Emilia-Romagna. It's a very tall mountain that is a bit scary: it's used as a location for suicides because as people climb there they feel an enormous energy that gives them courage to jump. Many times DDC has recognized these pyramids.

When asked: "At the end of the last Ice Age there was a great cataclysm on Earth, around 12,500 years ago, with tsunamis, earthquakes, and volcanic eruptions that destroyed the existing civilizations – were there several of them, or only one?", Antares replies that there were two or three, but they all depended on one, so in effect there was one very advanced civilization on the planet. It's like asking if today on Earth there is only one civilization or several: there are many nations and levels, but one civilization.

The most advanced was in what today is called Antarctica. Also Iceland, Ireland, Great Britain and nearby areas were populated by advanced civilizations. He says it was a combination of deliberate mutual challenges that eventually caused that result. It was disharmony amongst those beings that unbalanced everything and an artificial asteroid hit the Earth near the Equator...

Antarctica, which had an advanced population, suddenly shifted its position into where it is today, because the rotational axis changed direction; everything changed and the Earth turned as if the Equator were at the poles, but it is unknown where the poles were previously. Not all the populations were destroyed, some survived, otherwise the memories we have would not exist. Those who survived, as Antares said, went to Egypt, Tuscany (*Sardinia?*), and Tibet.

It was all very painful, for him too, and in fact before the cataclysm on Earth there were many inhabitants and almost all died, billions of people... Previously there were many people with skin that was more reddish than now; they had dark hair but it varied with ethnicity. Some of those with reddish skin diminished and became today's 'redskins'. It is unknown if there were other races that vanished.

## MISCELLANEOUS

### OTHER TOPICS

There are particular sacred places, people, facts, which we should learn to allow inside us, as the shamans once did, so we can process and change them at our pleasure, making them positive, beautiful, and better respectively.

Each person's Higher Self is responsible for every choice, otherwise there wouldn't be free will. This means choosing the exact 'dimension' in which to live and what can happen in it. There are mandatory paths we must take: we must overcome insecurities, dependence on others, fear... Therefore our free will is unlimited, it is our Higher Self that chose to take this path. If you don't learn, our Higher Self knows the test must be taken again. There are no teachers.

Antares says that Sodom, Gomorrah and Mohenjo-Daro were destroyed by natural phenomena: Earth is a boiling kettle and occasionally throws up stuff, always, however, depending on the unbalances of human beings. Even the immigration that is hitting us today is like what happened in the time of Moses: they are people who will appropriate that remaining area of land, thinking it is the Promised Land, and they won't leave behind, like back then, those who live there now.

Moses was an Egyptian man with paranormal abilities which he used at his convenience. He used all the secrets he had found in the Book of the Dead and, when he wrote the commandments, copied them from that Book, where the same laws are found. So much for Jehovah! Besides that, he was also in limited contact with extraterrestrials.